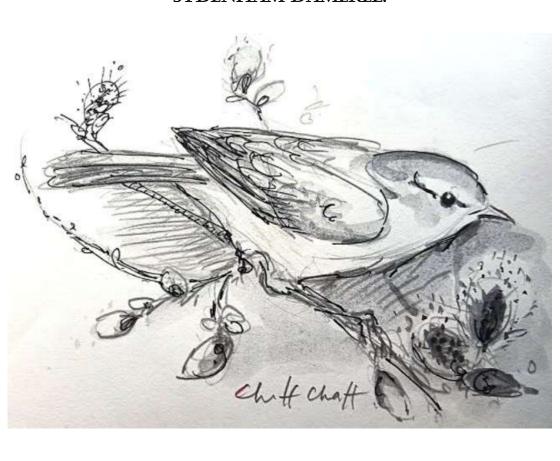
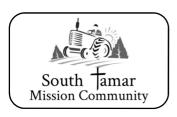
PARISH NEWS

FOR THE BENEFICE OF:
CHILLATON, CORYTON,
DUNTERTON, LAMERTON, MARYSTOWE,
MILTON ABBOT AND
SYDENHAM DAMEREL.





FEBRUARY & MARCH 2025

PRICE: £1

870642

860263

CURATE: Rev Philip Parker 01566 783498

Liz Padmore

The Rectory, Lewdown, Okehampton, Devon, EX20 4DN.

Email:: curate@southtamar.church

CHURCHWARDENS

Milton Abbot:

Lamerton: Mike Jefferies 614178

lan Minshull 810027

Marystowe: Joy McSmythurs 860630

Coryton: Giles Vicat 860254
Josie Whitfield 860189

Sydenham Damerel Chapel Warden Mike Forster 870752

Chair of Friends of Dunterton Church John Spensley 07711 995735

PCC SECRETARIES

Lamerton:Barbara Meikle617229Sydenham Damerel:(Barbara Meikle)617229Milton Abbot + Dunterton:Liz Padmore870642Marystowe:Guy Talbot860314Coryton:Josie Whitfield860189

Dunterton: Christine Youds 07545 132365

CHURCH TREASURERS

Lamerton: Mike Jefferies Church Avenue House, Lamerton 614178

Sydenham Damerel:Paul Giles07702 304143Milton Abbot:Pat Lovell2 Fern Meadow, Tavistock618452

 Dunterton:
 John Spensley
 07711 995735

 Marystowe:
 Guy Talloot
 860314

UNITED BENEFICE APPOINTMENTS

Benefice Safeguarding

Coryton:

Representative Julie Hibbert 618221

Vicar's Assigned Administrator Guy Talbot 860314

MAGAZINE Amy Harrowell 860181

E-mail: Southtamarparishmag@gmail.com

Niel O'Neill

Advertisements: Mike Jefferies Church Avenue House, 614178

Lamerton , PL19 8RN

E-mail: mike.jefferies5@btinternet.com

LICENSED LAY MINISTER Richard Searight 07886 414226

CHURCH WEB SITE www.southtamar.church Email: vicar@southtamar.church

PARISH COUNCILS Chairman Tel. Email

Milton Abbot group parish: Mark Ambrose 870603

Clerk Shane Honey clerk@magpc.co.uk

Lamerton: Ann Cole

Clerk Caroline Oxenham 481415 clerk@lamertonparishcouncil.gov.uk

PRIMARY SCHOOLS

 Lamerton C of E
 Head Teacher: Melody Sterry
 613561

 Milton Abbot
 Head Teacher: Debbie Buckingham
 870273

Diary Dates

Event	February 2025	March 2025				
Coffee Mornings						
Coffee and Company, Priest's Room, Lamerton 10 - 12pm	7, 21	7, 21				
Sydenham Damerel from 10.30am	1	1				
Lamerton coffee mornings, Community Centre, 10.30 - 12pm	1, 15	1, 15, 29				
Church and other events						
Lent Lunches, Marystowe Schoolroom (PL16 0JA), 12pm - 1:30pm		10, 17, 24, 31				

St. Constantine's Milton Abbot Services ~ Special Notice

We have taken the decision to move our services during January and February into the Priest's Room at Lamerton, where we will be warm and cosy.

Hopefully it will not be too long before we are able to welcome you back into a warm church in Milton Abbot but, in the meantime, if you have any queries or would like a lift to Lamerton for our services please do give me a ring (01822 870642).

The format of the services and times will remain unchanged.

Liz Padmore

Magazine deadline for April/May 2025 [EASTER] edition is end of day: *Saturday 15th March 2025*

Thank you for your timely submissions - they are gratefully appreciated.

Rev'd Phill Parker, The Rectory, Lewdown, Okehampton, Devon, EX20 4DN.

Tel: 01566 783498 Email: curate@southtamar.church

Dear Friends,

I always find this February/March edition of the magazine a strange one. I'm writing this letter in January, and it is the first edition of the year, so I want to open with, "Happy New Year!", but by the time you read this, New Year will feel like a long time ago. Similarly, I am looking forward in this letter to March and April already, as we have to let you know about our Lent offering this year.

Following last year's Lent course, I've listened to the feedback from many people, particularly those who didn't or couldn't attend. What I heard a lot was that people don't feel comfortable coming out or heading home on a dark, cold night, so we are changing it up a bit this year by running a series of Lent Lunches instead. Something else that people shared was that they felt if they missed one week of the course, then they couldn't easily join in again, so our Lent Lunches aren't a course that is continuous across the six weeks, but

rather are six independent sessions with different questions and conversation starters to talk over each time on your tables. Come along and do all six lunches or just one lunch – whatever works with your diary.

You will find the advert for the Lent Lunches on page ? In this magazine, giving details of where, when and how to book in. We look forward to seeing you there. (If you feel able to help with the

catering on any of the weeks, do please let us know – it would be great to have you on the team.)

To mark the start of Lent itself, we will be holding an Ash Wednesday

service of Holy Communion at St Peter's, Lamerton, at 10am. As with previous years, this service will involve the imposition of ashes where, if you choose, you may come forward to receive the sign of the cross in the ashes created from the burning of last year's palm crosses.

This is an outward sign of our inward repentance and a symbol of our commitment to Jesus Christ.

Going forward in this new year, we are expectant.

God is doing a new thing here in our mission community.

Our hopes and prayers are that we will be able to appoint a new priest-in-charge this spring, and that they will be able to join us towards the end of the summer.

That all depends on God calling the right person to apply and to give their 'yes' to God in this place.

As we pray for our new minister to be called here, may we reflect this

Lent on what God may be calling each one of us to in our discipleship, our churches, our schools and our communities, and be ready to say 'yes' to Him too.

> With every Blessing Rev'd Phill



OR VUI NERABLE ADULT?



Please speak to your Benefice Safeguarding Representative if you have any concerns for the well-being of a child or adult, or about the behaviour of someone towards a child or adult.

Your Benefice Safeguarding Representative is:

Julie Hibbert

Contact: 01822 618221; Email: safeguarding@southtamar.church

Or contact: Rev Phill Parker 01566783498;

If you cannot reach your Benefice Safeguarding
Representative, please contact the Diocesan Safeguarding

Team: Costa <u>Nassaris</u>, Safeguarding Adviser 01392 294969,

Email: costa@exeter.anglican.org



Email: curate@southtamar.church

BIBLE READINGS (Year C)

Please use the readings published in the Parish Magazine and your own Bibles.

DATE	Ist READING	2nd READING	GOSPEL	PSALM	
Sunday 2nd February	Malachi	Hebrews	Luke	Psalm	
Candlemas (Presentation of Christ) - Gold/White	3:1-5	2:14-end	2:22-40	24	
Sunday 9th February	Isaiah	I Corinthians	Luke	Psalm	
Fourth Sunday before Lent - Green	6:1-8	15:1-11	5:1-11	138	
Sunday 16th February	Jeremiah	I Corinthians	Luke	Psalm	
Third Sunday before Lent - Green	17:5-10	15:12-20	6:17-26	I.	
Sunday 23rd February	Genesis	Revelation	Luke	Psalm	
Creation Sunday (2nd before Lent) - Green	2:4b-9, 15-end	4	8:22-25	65	

Communications During the Vacancy



Your primary points of contact during our vacancy are our Churchwardens and Chapel Wardens. To email them, follow the link to the relevant church from this page on our website:

https://www.southtamar.church/welcome/

If the wardens are unable to assist you, please contact:

Rev'd Phill Parker (Curate) - curate@southtamar.church - 01566 783498 or;

Rev'd Andrew Thomas (Rural Dean) - <u>rectorwestdartmoor@gmail.com</u> - 01822 854804

To speak to someone about a Baptism, Wedding or Funeral during the vacancy, please use the relevant email address found below:

baptisms@southtamar.church weddings@southtamar.church funerals@southtamar.church

BIBLE READINGS (Year C)

Please use the readings published in the Parish Magazine and your own Bibles.

Sunday 2nd March	Exodus	2 Corinthians	Luke	Psalm 99	
Sunday before Lent - Green	34:29-end	3:12-4:2	9:28-36 [37-43a]		
Wednesday 5th March	Isaiah	2 Corinthians	John	Psalm 51:1-18	
Ash Wednesday - Purple	58:1-12	5:20b-6:10	8:1-11		
Sunday 9th March	Deuteronomy	Romans	Luke	Psalm 91:1-2, 9-end	
First Sunday of Lent - Purple	26:1-11	10:8b-13	4:1-13		
Sunday 16th March	Genesis	Philippians	Luke	Psalm	
Second Sunday of Lent - Purple	15:1-12, 17-18	3:17- 4 :1	13:31-end	27	
Sunday 23rd March	Isaiah	I Corinthians	Luke 13:1-9	Psalm 63:1-9	
Third Sunday of Lent - Purple	55:1-9	10:1-13			
Sunday 30th March	I Samuel	2 Corinthians	John	Psalm	
Mothering Sunday - Purple	1:20-end	1:3-7	19:25b-27	34:11-20	

The readings conclude with 'This is the Word of the Lord', the response is 'Thanks be to God'.



Come and join us for a series of Lent Lunches, as we journey through Lent together.

Enjoy soup and a roll with us, as we chat over a variety of topics and questions.

Marystowe School Room (PL16 0JA), 12-1.30pm on the following Mondays: March 10th, 17th, 24th, 31st & April 7th & 14th

Please book in with Rev'd Phill so we can cater accordingly - curate@southtamar.church or 01566 783498

If you haven't been able to book, please do come along, but as Phill is still a Curate, he doesn't yet know the secret of the 5 loaves and 2 fish, so please book in advance if you can.

^{*} Suggested donation of £3, but please give as you are able.

All Saint's Church, Dunterton





Christmas Day Service – We were delighted, and very grateful, to welcome the Venerable Jane Bakker, Archdeacon of Plymouth, to our church on Christmas Day. A congregation of 44 enjoyed the celebration of Christ's birth, and the opportunity to catch up with friends, both before and after the service. Thanks John for organising the service, and to everyone who contributed to the wonderful service.

Like the other churches in our Benefice we look forward to welcoming a new Priest in Charge later in the year. As such the only service currently in the calendar is for Easter



Sunday, 20th April. We look forward to seeing you then. In the meantime, if anyone would like to join our Friends of Dunterton Church group, or have any suggestions as to what they would like to see from the church in the future, please do drop us an email at:

duntertonfriends@gmail.com

Christine Youds

We look forward to being able to resume services at the church in the Summer; dates and times will be confirmed as soon as possible. Easter Sunday 20th April 11am Morning Praise

Date for your diaries - River Walk raising funds for Dunterton Church - 19th October 2025



St. Mary's Church, Sydenham Damerel

Happy new year from everyone in Sydenham Damerel.

There is a slight glimmer of lighter nights beginning to appear and the festive season already seems like a distant memory.

The festivities kicked off in Sydenham Damerel with the Sydenham Illuminations!

The band played, carols were sung and the Christmas tree lights were switched on to loud applause.

The elves had been busy decorating and it was a welcome sight driving in and out of the village in the evenings.

Since Covid, where many a socially distanced gathering took place, the telephone box has a special place in all our hearts.

A big thank you must go to all the volunteers who made the church look so beautiful over Christmas.

A fun morning was had and the church looked splendid.

This was done in time for the annual Christmas Quiz where, with only one point in it, the Village Idiots just pipped the Catsbridge Cats!

Despite it blowing a hooley outside, curtesy of Storm Bert, 49 hardy souls squeezed into Saint Mary's.

John's questions were, as ever, bizarre and fantastic and he even had people singing...did I mention it was BYOB?!

A magnificent £400 was raised to be shared between St Mary's "Heating and Seating" fund and the Devon Air Ambulance.

The annual village Christmas Carol Service was a delight as ever. A lovely evening was had in the church with lots of enthusiastic singing, followed by mince pies, mulled wine and lovely neighbourly chat.

Our Christmas morning service, with the bells ringing out gloriously, was the perfect start to Christmas Day.

Finally, the village are so grateful to Tom Hurdwell for making St Mary's the most beautiful pair of oak gates. Tom, with great craftmanship, made them from oak sleepers.

What is especially lovely is that Tom was brought up in Sydenham Damerel and these gates replaced the gates that he had made previously when he was just 17! This is a real legacy project and the gates were obviously made with love.

Thank you, Tom.





St. Andrew's, Coryton

Looking back to Christmas

Christmas already seems a long time ago; as I write this we are half-way through January 2025. This past Christmas we tried something new at St Andrew's, combining the traditional Carol Service with Christingle, the hope being that this would appeal to families and children. 15 children and their families came with six of the children participating by doing readings. Before the service, lots of busy fingers helped to assemble the Christingles. Towards the end of the service, with everyone having a lit candle in their hands, the lights were turned down and the effect was wonderful. Thank you to all those who helped make the service so successful. Another event for children and families is planned for Easter.

St Andrew's Bell Tower Appeal

Our bell tower houses five bells, the oldest dating back to 1684, which ring out over the surrounding fields and woods. The roof urgently needs replacing as the lead is over 150 years old and has been patched up too many times. We asking for help in raising the £12,000 needed to do this work and ensure the church building's integrity for the future. Any donation, large or small, would be hugely appreciated!

You can donate by making a BACS transfer to:Coryton PCC.

Sort Code 60-21-49

Sort Code 60-21-49 Account no. 06403859 Please use reference 'Bell Tower'

Or send a cheque made out to 'Coryton PCC' to Sally O'Neill, Higher Wood Park, Coryton, EX20 4AB Thank you



Josie Whitfield

St. Mary's Church, Marystowe

As always the debate is how long can we keep wishing everyone Happy New Year... but why not...so Happy New Year from us all at Marystowe.

A New Year and, as ever, a new flower and cleaning rota. This year Vicky Taylor has kindly taken on organising and is looking for volunteers for each service, so you are not Committing to a whole month (unless you wish to!) so please let her know if you can help (01822 860347 or vickyharvardtaylor@icloud.com).

Before we completely forget 2024, many thanks are due to everyone who helped with the Christmas services and events at Marystowe.

Corrie Oliver hosted a fabulous Wreath Making workshop so we had many elegant front doors throughout December.

Marystowe again had a dramatic Christmas evening, with music from the Lifton Singers and a Pantomime - OH YES WE DID - and it had all the nonsense and silliness that has come to be expected.

The evening was rounded off by the Pop Up Virgin Arms in the Schoolroom next door with a winter BBQ. As always, great fun and £500 raised for The Children's Society.

Before we all forget just how ridiculous we were, I end with photographic evidence!



















St. Constantine's Church, Milton Abbot

Thank you to Phill for running a lovely service of Nine Lessons & Carols for us in the run up to Christmas, with beautiful readings and music.

Thank you, too, to all our volunteer readers, not

just for that service but indeed for all our services during the year, as well as to Val Hill for bravely coming over to play for us when

she is able, and to Lamerton's bellringers for coming to ring for many of our services.

We have decided to hold our services during January and February in the Priest's Room at Lamerton where we will be warm and cosy; do come and join us there.

If you have any queries or if you would like a lift please don't hesitate to contact me (01822 870642).

We are still working towards replacing the heating system in the church; to this end, the fuse board was replaced in a two-day operation at the end of November.

Pat's shop had a successful outing to Lamerton's Christmas Fair at the end of November, together with visits to Milton Abbot School and the Windmill Academy in Launceston.

Our online shop is still up and running: https://milton-abbot-church-pcc.sumupstore.com

Do take a look!

Pat's shop will be popping up at **Coffee & Company on Friday 21st** March in the Priest's Room at Lamerton when she will have some lovely bargains for you to snap up.

The shop will also be making a visit to Lamerton's Coffee Morning on **12th April**.

We will be holding another **Spring Craft & Coffee Morning on Saturday 17th May**, so do watch out for news of that.

Liz Padmore



St. Peter's Church, Lamerton

It is good to have a rest after a very busy Advent leading up to Christmas. Nearly fifty souls braved the elements to come to Advent Carols at Theale - though not as cold as other years. We all enjoyed the carols and readings and especially Carol's mince pies and the mulled wine.



The Lamerton Hand Bell ringers joined us and played four carols for us - many thanks.

Thanks also to Richard, Robert and Rosalind for their help. The sheep enjoyed all the extra biscuits - a proper Christmas treat for them!

We then had the Christmas tree to fetch and decorate and the cross to put up before

Christingle. Many thanks Richard, Norman, Mike and Annie for your strength and artistic flair. The school again decorated a window thanks to Hilary's help - always original and fitting.

It was so heartening to see our Christingle and our Carol Services so well attended and the church full for the school play. Not sure how Chris and his helpers manage to bring such order out of chaos, but it is always a treat to be there with them.

Many thanks to Phill for all his work keeping things

ticking away so smoothly - when it does go so smoothly you know there has been a lot of work behind the scenes.

Archdeacon Jane kindly stepped in to



take our post Christmas Holy Communion service and it gave us a chance to catch up with her and for her to see us.

Again many thanks to our cleaning and our flower ladies who just get on with the job - it is appreciated. Many thanks, also, to our bell ringers who tell the village we are open for business and welcomed in the New Year.

Our fiendish Winter Quiz in aid of St. Peter's is now out.

It just costs £2 so please buy one as soon as you can - contact Angela on 01822 810 027.

NATURE DRAWINGS BY BLUEBELL











A CHILD'S FOOTSTEPS TO FAITH

Mountaintop Experiences

Have you ever had a day that was so wonderful that you wanted it to last forever? Did you know that Jesus' disciples had days like that, too? This Bible lesson is about one of those days.

One day, Jesus took Peter, James, and John with Him up onto a mountain to pray. As Jesus was praying, something very strange happened. The Bible says that the appearance of His face began to change and that His clothing became as bright as a flash of lightning. Then Moses and Elijah, two men who had gone to heaven a long, long time ago, appeared with Jesus. They were talking with Jesus about how He was going to die.

When Peter saw this, he could not believe his eyes. How could Moses and Elijah be here, standing and talking with Jesus. The whole thing was so incredible, Peter told Jesus that he thought that they should stay up there on the mountain and build

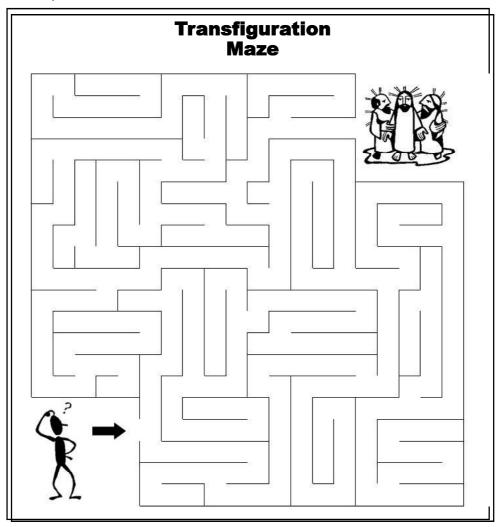


three tents -- one for Jesus, one for Moses, and one for Elijah.

Peter didn't understand that this wonderful experience on the mountain was not meant to last. It was not a place to stop and set up camp, but a starting place for God's greatest gift -- the gift of salvation. Following this moment on the mountain, Jesus died on a cross, was buried, and rose from the grave so that you and I could have eternal life in heaven. If they had stayed on that mountain, they would have missed out on everything that was still to come.

You and I will have many wonderful experiences as we follow Jesus. There is a song that says, "Every day with Jesus is sweeter than the day before." How true that is! When we have a great "mountaintop experience" like Peter did in this story, we may wish that it would never end. But remember, when we follow Jesus and accept Him as our Lord and Saviour, the best is yet to come!

Heavenly Father, we thank You for all of the wonderful experiences You allow us to enjoy as we walk each day with Jesus. Help us to follow Him wherever He leads us. In Jesus' name, amen.



POINT-TO-POINT HORSE RACING

SUNDAY 23 MARCH Kilworthy, Brentor, Nr Tavistock FIRST RACE 1.00^{PM}

Large Screen For Better Viewing
Trade Stands Welcome Together With Sponsorship

Bar • Bookmakers • Refreshments



Parking For Blue Badge Holders • Dogs Welcome On Leads

Contact: Mrs M Lewis 07975 536930 mariaracing@outlook.com

Winner is.

Lucky Lamerton Lottery!

The winning numbers are:

December 2024 - 17

January 2025 - 46

Congratulations to our winners

All proceeds go towards St Peters Church, Lamerton.





COULD THIS BE YOU?

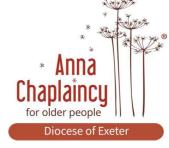
At the recent meeting of the Benefice Pastoral Care Team on the 24th June, it was agreed that we should run a locally based Anna Friends Training Course in October. With Rev. Andy leaving and Rev. Phill holding the fort with support from Tim Thompson and Richard Searight, there was a recognition that many of our older folk, who can longer physically attend our church services, should be supported as much as possible by our local lay people. Anna Friends work alongside Anna Chaplains (Annie Jefferies and Josie Whitfield) to offer varying degrees of spiritual support. This might be personal visits to people's home, telephone support or taking worship services in care homes.

All six of our churches have parishioners in their later years and when falls or illness make people housebound, we should have a flexible team who can visit these people at home. It would therefore be ideal to have one or two people from each church who might consider doing the Anna Friends course which is done over three training sessions of two hours each.

The course will cover:-

- what it means to be a good and focused listener
- the ageing process, grief and loss
- what is dementia and how can we meaningfully engage with individuals and their families
- how to select helpful Bible readings
- writing simple prayers
- offering people Holy Communion at home

The course will run in October, dates to be agreed depending on what is convenient to those wishing to attend. For more details contact Annie (614178) or Josie (07989 666427).



LAMERTON WI

Tuesday February 4th 2025, 2:00pm

Wide Screen Cinema Pt 2 Competition: Photo of a wedding cake. Raffle & Tea.

Tuesday March 4th 2025, 2.00pm

Scotland & Shetland Isles; Update of Nepal Competition: Unusual Spoon. Raffle and Tea

All meetings held at Lamerton Village Hall
New members welcome



Coffee @ St. Mary's Sydenham Damerel

First Saturday of every month 10.30am onwards
All welcome.



Come and join us for a coffee, some cake, and chit chat or a board game.

Every other Friday, 10am-12pm, at the Priest Room (Chapel) by St Peter's Church, Lamerton.

Everyone welcome!

After the success of the Warm Hub, several people wished to carry on meeting and wanted more people to come along too, so we have relaunched as Coffee & Company.

Coffee & Company will be on the alternate week to the village coffee morning that takes place on a Saturday every other week, but do check the church calendar regularly as it doesn't always follow an exact alternating pattern: www.southtamar.church/calendar/

We would love you to join us.

Mid-week Holy Communion



Every Wednesday morning at 10 am in the Priests room at Lamerton

The service is a quiet, reflective said service of Holy Communion. The perfect opportunity to re-charge your spiritual batteries.





With Tea, coffee and cake afterwards.

GARDEN NOTES BY DOUG

Welcome to the New Year!

As I look out of the kitchen window at the garden I think - 'Ah, yes, there are things to sort out, but there's no rush. It'll wait'.

Wrong again! If I put my glasses on and look, whether it be weeds, or plants, bushes or trees, activity/growth is happening.

It's time to get out there even if it is raining. Perhaps I should do an hour, even if I do get a bit damp.

I hope you've got some snowdrops and some daffodils. If you haven't got any snowdrops now is the time to buy them 'in the green' as they say.

Lots of places have them for sale; nurseries and online.

Planting 'in the green' is easy. Just make a hole with a spade; no need to dig, just wiggle it to create a gap in the soil and push the bulbs into the gap with the leaves sticking up to the sky, close it up and you're done!

Everyone will be asking if you've ordered your seeds yet! Well, I've ordered some - tomatoes, kale, courgettes - but many others are sitting in their packets in a dry, cool spot indoors waiting.

Runner beans, aubergines, lettuce and carrots being good examples. I

I have planted two new rhubarbs and I do need to order some flower seeds - that catalogue is waiting.

This month's RHS magazine has a nice feature on flowers for drying. If you saw the garland at Cotehele before Christmas you'll know what the article is about.

It is surprisingly easy to make a bunch of dried flowers which will last, in a vase on the mantlepiece, for probably several years before you chuck 'em out 'cos they're too dusty.

The easiest and nicest I've ever done are helichrysums - probably better called "Xerochrysum bracteatum Monstrous".

They come in lovely reds and oranges, dry well and look fabulous.

Cut the stems, pull off the leaves, bunch 10 stems together, hang 'em upside down somewhere dry indoors and leave to dry for a few weeks. Done!

The photo is of flower heads which are at least 5 years old, with the stems cut off and plonked in a glass.

Well, some have faded a bit.

Happy gardening!



CAPTION COMPETITION



Please send a donation to The Children's Society (c/o Joy McSmythurs) together with your caption and contact details for a chance to win a bottle of Prosecco to fizz away the winter blues by

14th February 2025.

Winner to be chosen by the Wicked Stepmother and Singing Fairy Godmother with the result published in the next Parish Magazine.



HINT – yes that is Hugh Grant at Marystowe, charming Cinderella under the watchful eye of the Singing Fairy Godmother.







Remember that you have a duty to report any suspected child abuse. Failure to do so may become a criminal offence in the future.

Please address any of your safeguarding concerns to your safeguarding representative or Rev Phill Parker, our curate.

Call for all of those PCC members, Open the Book volunteers and Pastoral Care visitors, who do not have a DBS check in place already, to contact your safeguarding rep to arrange this.

Checks must be renewed every 3 years.

Lamerton: Julie Hibbert; 01822 618221; julie.hibbert3@btinternet.com

Sydenham Damerel: Janet Giles; JLGiles89@yahoo.co.uk

Milton Abbot/Dunterton: Derek Youds; dyouds@aol.com;

Coryton: Jane Vicat; 01822 860254; janevicat@gmail.com

Marystowe: Anita Townsend; 01822 860123;

Mongoosemoondaisy12@gmail.com

If you are concerned for the immediate safety of someone, dial 999



Lamerton Art Group

We are looking for new members!

We are a small friendly group of artists who support and help one another. We have the occasional inspiration of a demonstration or talk by a professional artist. We meet on Thursday mornings between 10am and 1pm at the Lamerton Community Centre.

Do come and join us.

Please contact: Elaine Price, email: elainejprice@hotmail.co.uk

24

Lamerton Handbell Ringers

Following the Festival held in October, the team settled down to practising carols etc... for events leading up to Xmas.

The first event was The Advent Carols Evening held in Theale Barn on November 29th - it is always a pleasure to be invited to take part at this well attended evening.

Services are regularly held at Venn and Camplehaye throughout the year but the Carol Services held on 11th Dec in the Homes are particularly special.

The Team provided the music for the Carols with some lovely singing from the residents.

On 17th Dec the team entertained the residents of Abbotsfield Nursing Home especially for one of our former ringers - Gill Pascoe, who is now a resident.

Whitchurch WI held their Xmas Party on 3rd Dec and the team provided the entertainment. Afterwards the team were invited to share in their delicious refreshments - what a wonderful evening!

Sat 14th Dec was The Devon Church Bellringers Carol Service held this year at Crediton Church.

4 Ringers: Will and Sue Dawe, Geoff Hill and Bill Blowey rung 'The Queens Peal' with the rise and lower on 8 Handbells during the service.

A fantastic Peal so much appreciated by the congregation.

Right: Will and Sue Dawe, Geoff Hill, Bill Blowey ringing The Queens Peal -Crediton Church.



The next day the whole team took part in Lamerton Church Carol service playing 3 pieces - Sing Lullaby, Mary's Boy Child and White Xmas - lovely performance!

The year would not be complete without a trip to Tavistock Conservative Club who always are pleased to see us and are very generous with a collection taken for our Charity.

2024 has been a very busy year for the team and we are delighted that we were able to donate a total of £305 to this year's chosen Charity:

'PLYMOUTH & WEST DEVON TALKING NEWSPAPER FOR THE BLIND"

The Team now take a well earned rest but resume practices in Mid February, 2025





MILTON ABBOT CHURCH

Between Tavistock & Launceston

spring tair

Celebrate the new season with us

All sort of crafts and goodies to choose from, ideal for your garden, home or just for you to buy. Light refeshments available. All proceeds to the church heating project.

SATURDAY 17th MAY 10AM - 1PM

MORE INFO

https://www.facebook.com/southtamar.church or email matreasurer@southtamar.church





Camplehaye Residential Home

Lamerton
Near Tavistock, Devon, PL19 8QD



A fine Victorian house with modern additions and specialist facilities, set in beautiful gardens, in rural West Devon.

We offer the elderly a caring and homely environment, with the reassurance of 24 hour professional care, including specialist dementia care.

Camplehaye is available for full residential living or respite and day care.

All our rooms have en-suite facilities and are furnished to a high standard with some having direct access to our large, sunny courtyard. We would be delighted to show you around Camplehaye and for you to meet and talk with our residents and staff.

Tel: 01822 612014/616583

www.avenscarehomes.co.uk

admin@camplehaye.co.uk

ADVERTISING!

Contact: Mike Jefferies on 01822 614178

E-mail: mike.jefferies5@btinternet.com to discuss your advertising needs.

Advertising for 'one-off' local charities and events is free.

1/8 page: £18 per year, 1/4 page: £36 per year, 1/2 page: £72 per year, Full page: £144 per year



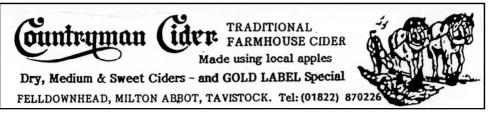
The Royal Inn

horsebridge

Mr. Tavistock

15th Century Coaching Inn
HOME-COOKED FOOD
REAL ALES

OPEN 12 noon - 3 pm 7 pm - 11 pm





<u>SAM ALLUM</u>

Boiler Maintenance

OFTEC REGISTERED

Call: 01822 610 668 Mobile: 07832 024 948 Email: samallum@gmail.com

C8240

FOR SERVICING AND BREAKDOWN OF OIL BOILERS

- ♦ Competitive Rates
- ♦ Friendly, helpful and efficient
- Call now for a quote

FRIENDS OF ST MARY'S, SYDENHAM DAMEREL ONE HUNDRED CLUB

Drawn at 10:30am, Saturday 4th January 2025, in the Church at our monthly coffee morning. Tickets available from:

john.r.hearn19@gmail.com

Congratulations to Januarys winner: 1st prize ~ Mark Pratten

Join the fun - you have to be in it to win it!

Milton Abbot Grouped Parish Council

Please see our website for lots of information about Milton Abbot, Chillaton, Bradstone, Dunterton and the surrounding areas along with a list of the local parish councillors.

www.magpc.co.uk



GLIDER EXPERIENCE

at Brentor airfield dartmoorgliding.co.uk buy a voucher online as a SPECIAL GIFT



Discover Tavistock Physio Clinics

Your Path to a Pain-Free and **Active Lifestyle**

Say goodbye to aches, pains, and movement difficulties with the help of our dedicated Chartered Physiotherapists.

t: 01822 617722 e: info@tavistockphysio.co.uk



Yelverton Tavistock Lamerton





Yelverton Television Services t/a

Yeltv.co.uk

Get a clearer picture

Email: enquiries@yeltv.co.uk Tel: 01822 854386 Mob: 07725553804

Aerial & Satellite installations Rentals - Sales - Service Keeping it local!

Memorials and Renovations of all descriptions
E. PASCOE & SON
MONUMENTAL MASONS
ESTIMATES GIVEN

Five Acres, Gulworthy Tavistock PL19 8HZ Tel: 01822 832320/613749 Email: epascoe@gpamail.co.uk; Web: epascoeandson.com

FOR YOUR SILAGE, BEET, MAIZE
DRILLING & HARVESTING, HEDGE TRIMMING,
DIGGER WORK WITH A 4WD JCB.... contact
WINDEMER CONTRACTORS
Townlake - 01822 870264

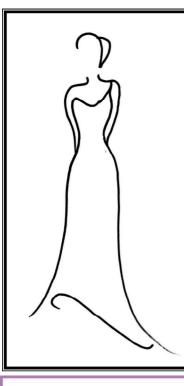


Room for Hire!

The Priest's Room, Lamerton is an ideal venue for small meetings (20 people max)

It has full tea/coffee making and washing up facilities, tables and chairs, heating and a toilet nearby.

For more details and to make a booking call: Irene 01822 616527



Lowen Bridal

12 Church Street, Launceston
Wedding Gowns
Bridesmaids' Dresses
Prom Dresses

Discover these and much, much more in our beautiful, relaxed shop.

www.lowenbridal.co.uk ~ Tel: 01566 778989



RINGING OR BUZZING IN EARS? FEELING OF BLOCKED EARS? EARACHE? TINITUS? VERTIGO? HEARING LOSS?

ALL OF THESE SYMPTOMS COULD BE DUE TO EAR WAX BUILD UP AND CAN BE EASILY REMEDIED USING

MICROSUCTION EAR WAX REMOVAL

- Qualified Nurse of 14 years experience
- · Home visits available
- Discounted nursing home & residential care visits on request

For a consultation call or email Rachel **today**

CALL 07933 289 585
EMAIL rachel@rtwearcaresolutions.co.uk
www.rtwearcaresolutions.co.uk
SW Podiatry & Health Clinic
Homeleigh Garden Centre, Launceston

Tom Brittan Building and Landscaping



Local, friendly and reliable builder who is fully insured.

- * House Maintenance & Renovations
- General Building
- * Roofing
- * Masonry
- * Groundworks
- * Landscaping
- * Fencing
- * Digger work and hire
- * American Barns & Stable Blocks

Call to discuss any work you require!

Mob: 07968 839708

www.tombrittan.co.uk

Jackson's Home & Garden Services

Patios, Decking & Fencing Landscaping Painting & Decorating

Call Adam for a free quote 07738 833 685

www.Jacksonshomeandgardenservices.com



R Mears & Sons Chimney Sweeps & Stove Installation

Established over 30 years
Vac Brush. Full CCTV investigations.
Pots, Cowlings & Bird Protection fitted. Chimneys Lined.
Solid Fuel Appliances, Rayburns, Woodburners,
Stoves, etc serviced. Fully Insured.

Tel: 01840 261221 Tavistock: 01822 664554 Mob: 07737 533392

www.sweepdevon.com





Pete Badge 01822 610998 07980564175

Growing & Supplying

Turf, Topsoil & Compost
Acres of weed-treated turf all ready to be cut.
All turf is cut fresh then supplied direct to your drive.
Topsoil and Compost dry-stored

Landscaping & Laying

Years of experience in clearing, planning, landscaping lawns and laying turf Diggers, Stone Buriers, Levellers & Graders

We only grow professional turf and use specialist machinery



citizens advice

Citizens Advice

the charity for your community

Help is available for benefits, housing, debt, consumer issues and much more.

To access your local Citizens Advice service call

0808 2787999

Lines are open Mon to Fri 9.30am - 4.30pm

or

drop in to the foodbank at Tavistock
United Reform Church
Fridays from 10am - 2 pm to register
Charity Number 1068496







Nigel F Bickle

INTERIOR AND EXTERIOR PAINTER

Call today for a quotation 07443 645747 01822 860135









Morris Bros Funeral Directors

Funeral Directors established in 1870

Your local independent Funeral Director is owned & run by the fifth generation of the Morris Family, Simon & Lucie Luke. We provide a qualified, professional & sensitive service to the people of Tavistock & surrounding areas. Simon & Lucie live on site at The Old Bedford Foundry providing you with a very personal service at all times.

Tel 01822 612023 24 hours

The Old Bedford Foundry, Lakeside, Tavistock PL19 0AZ

Golden Charter Pre Paid Funeral Plans available

www.morrisbros.co.uk

Church Services - March 2025						
	St Mary's, Sydenham Damerel	St Peter's, Lamerton	All Saints, Dunterton	St Constan- tine, Milton Abbot	St Mary the Virgin, Marystowe	St Andrew's, Coryton
Sunday 2nd		6:30pm			9:30am	
March					LICICIAL	
Sunday before Lent - Green		Songs of Praise			HC/CW	
Wed 5th Mar	10:00ar	n ASH WE	DNESDAY	Service - S	t Peter's Lan	nerton.
Sunday 9th	10:30am			4:00pm		6:30pm
March						ВСР
First Sunday of Lent -	HC/CW			Sunday Praise		Evensong
Purple				Traise		
Wed I2th Mar	I 0:00am Holy Communion - St Peter's Lamerton.					
Sunday 16th		II:00am			9:30am	
March						
Sacrad Sunday of		HC/CW			Morning Praise	
Second Sunday of Lent - Purple					i i aise	
Wed 19th Mar	10:00am Morning Prayer (Lay-led) - St Peter's Lamerton.					
Sunday 23rd	6:30pm			II:00am		4:00pm
March	-					-
Third Sunday of Lent	Songs of			HC/CW		HC/CW
- Purple	Praise					
Wed 26th Mar	10:00am Holy Communion - St Peter's Lamerton					
Sunday 30th	l 0:30am - Sydenham Damerel					
March						
Mothering Sunday - Purple	United Benefice Service - Mothering Sunday - HC/CW					

Church Services - February 2025						
	St Mary's, Sydenham Damerel	St Peter's, Lamerton	All Saints, Dunterton	St Constan- tine, Milton Abbot	St Mary the Virgin, Marystowe	St Andrew's, Coryton
Sunday 2nd		6:30pm			9:30am	
February						
Candlemas (Presentation of Christ) - Gold/White		Evensong			HC/CW (Ven. Nick Shutt)	
Wed 5th Feb		10:00am H	oly Commun	ion - St Pete	r's Lamerton	
Sunday 9th	10:30am			4:00pm		6:30pm
February						
ľ	HC/CW			Sunday		ВСР
Fourth Sunday before Lent - Green				Praise		Evensong
Wed I2th Feb	10:00am Holy Communion - St Peter's Lamerton					
Sunday I6th		II:00am			9:30am	
February						
Third Sunday before Lent - Green		Baptism & HC			Morning Praise	
Wed 19th Feb	10:00am Morning Prayer (Lay-led) - St Peter's Lamerton.					
Sunday 23rd	6:30pm			II:00am		4:00pm
February	•					
Creation Sunday (2nd Sunday before Lent) - Green	Songs of Praise			HC/CW		HC/CW
Wed 26th Feb	10:00am Morning Prayer (Lay-led) - St Peter's Lamerton.					