Parish News

For the Benefice of Chillaton, Coryton, Dunterton, Lamerton, Marystowe, Milton Abbot and Sydenham Damerel



August & September 2023

South Tamar Mission Community

Price: £1

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The Vicarage, The Parade, Milton Abbot PL19 0NZ;

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PRIMARY SCHOOLS

Lamerton C of EHead Teacher: Melody SterryTel. 613561Milton AbbotHead Teacher: Debbie BuckinghamTel. 870273

Diary Dates

Event	August 2023	Sept 2023		
Coffee Mornings				
Lamerton coffee mornings, Community Centre, 10.30 - 12	5, 19	2,16, 30		
Sydenham Damerel from 10.30am	5	2		
Coffee and Company, Priest's Room, Lamerton 10 - 12	11, 25	8, 22		
Bingo				
Lamerton Community Centre, 8.00pm	8, 22	5, 19		
Church and other events				
Harvest Festival, Dunterton, 11am		3		
Harvest Festival Sydenham Damerel, 6.30pm		24		
Coryton Soup Lunch, 12.30 - 2pm		5		
'Three for' Marystowe Book Club, 10 - 12		30		
Lamerton school 'Bags2school.		27		
Miton Abbot Village Show, from 3.30pm		2		
Lamerton Harvest Auction + Supper, 6.30pm		29		
Deadline for next magazine edition		19		

Magazine deadline for October/November 2023 edition is mid-day, Tuesday 19th Sept

Thank you for your timely submissions - they are much appreciated.

The Vicarage, The Parade, Milton Abbot, Tavistock, Devon. PL19 0NZ Tel: 01822 870298; Email vicar@southtamar.church



Dear Friends in Christ,

So, the summer is upon us and as I sit writing this letter we are enjoying what can only be described as rather "mixed bag" of weather. Some parts of the U.K. are even starting to experience water shortages, whilst others floods. Even though we have this beautiful weather now, I can't but help but feel a nagging thought, that as soon as the schools break up the rain will fall. We have all learnt that we can never predict what the Summer weather will bring. This summer though, I am discovering more and more, that whilst I may not be able to predict the weather, I can predict that God is there. Listening to my prayer and directing my path, my choices and decisions, my life.

In the film "Shadowlands' C.S. Lewis, when speaking to his colleague about what he prays, says this: 'I don't pray to change God's mind, I pray to change mine'. These words have stuck with me over the years when I have thought about prayer and the many ways we can pray both together as a people of God and individually. Each time I come to God, conversing with him about life, the universe and everything, I take a small step closer to my maker and redeemer. Spending time with God through prayer, reflection and bible study helps us to know where he is leading and guiding us.

Knowing God more enables us to pray more effectively, to use the journey analogy; if you know where you are going you can get ready, to plan and to pack appropriately. God wants to walk with us along our journey of life and yearns to have a relationship with his children. Prayer changes lives, bringing God into the midst of situations enables peace, perseverance and strength. Over the course of my life I have seen God heal, provide, change situations and change me. All through me and others on my behalf, spending time talking with God.

Asking God can only make things better, prayer is for everyone and we have been given permission to approach God's throne of grace with boldness and confidence, so as we travel through this summer taking time to enjoy the sun, the wildlife, family and friends, let's be bold in asking and listening for where God is leading us. And when we don't know what to pray simply pray this:

"Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation but deliver us from evil. For the kingdom, the power, and the glory are yours now and for ever.

Amen."

Yours in Christ, Fr. Andy



Come and join us for a coffee, some cake, and chit chat or a board game.

Every other Friday, 10am-12pm, at the Priest Room (Chapel) by St Peter's Church, Lamerton.

Everyone welcome!

After the success of the Warm Hub, several people wished to carry on meeting and wanted more people to come along too, so we have relaunched as Coffee & Company.

Coffee & Company will be on the alternate week to the village coffee morning that takes place on a Saturday every other week, but do check the church calendar regularly as it doesn't always follow an exact alternating pattern: www.southtamar.church/calendar/

We would love you to join us.

BIBLE READINGS (Year A)

Please use the readings published in the Parish Magazine and your own bibles.

DATE	1 ST READING	2 ND READING	GOSPEL	
Sunday 6th Aug 9th Sunday after Trinity (Green)	Isaiah 55. 1-5	Romans 9. 1 - 5	Matthew 14. 13 - 21	
Sunday 13th Aug 10th Sunday after Trinity (Green)	1 Kings 19. 9 - 18	Romans 10. 5 - 15	Matthew 14. 22 - 33	
Sunday 20th Aug 11th Sunday after Trinity (Green)	Isaiah 56. 1, 6 - 8	Romans 11. 1 - 2a, 29 - 32	Matthew 15. (10 - 20), 21 - 28	
Sunday 27th Aug 12th Sunday after Trinity (Green)	Isaiah 51. 1 - 6	Romans 12. 1 - 8	Matthew 16. 13 - 20	
Sunday 3rd Sept 13th Sunday after Trinity (Green)	Jeremiah 15. 15 - 21	Romans 12. 9 - 21	Matthew 16. 21 - 28	

BCP – Book of Common Prayer

CW - Common Worship (Modern)

BIBLE READINGS (Year A)						
DATE	1 ST READING	2 ND READING	GOSPEL			
Sunday 10th Sept 14th Sunday after Trinity (Green)	Ezekiel	Romans	Matthew			
	33. 7 - 11	13. 8 - 14	18. 15 - 20			
Sunday 17th Sept 15th Sunday after Trinity (Green)	Genesis	Romans	Matthew			
	50. 15 - 21	14. 1 - 12	18. 21 - 35			
Sunday 24th Sept 16th Sunday after Trinity (Green)	Jonah	Phillippians	Matthew			
	3.10 - 4.11	1. 21 - 30	20. 1 - 16			

The readings are ended with 'This is the Word of the Lord' (used during services of HC or, during other services 'Here ends the lesson (or 1st reading or 2nd reading)'. The response is 'Thanks be to God'.



South Tamar Mission Community

There are several ways to keep up to date with events, or to get in touch with the Vicar and Churchwardens

Our website: http://www.southtamar.church

Our Facebook page: @southtamarmission

e-mail: vicar@southtamar.church

tel: 01822 870298



Marystowe Books, Jigsaw Puzzles and Pot Luck Readers

The Bookshop/Puzzle collection in the Bell Tower at Marystowe Church has a strong catalogue of fact and fiction with over 2,000 titles and a steady turnover of books; most weeks we have new donations and the ins and outs are running at up to 100 per month. So there is usually something fresh to browse and be tempted by....

The church at Marystowe is always open, so you can pop in for books and puzzles at anytime. We request a minimum donation of 50p for paperback books and £1 for hardback books and jigsaws.

The Pot Luck Reads are now in their third year. It is just as it says on the label, every month a random book is picked for you, it will be a stand alone book – not midway through a series – perhaps a classic or a modern best seller. We do ask for some guidance, for example the Reverend Andy was keen to emphasise he did not want anything gory nor sloppy romance! Since 2021 we have selected and wrapped over 300 books. If you don't like a book, or have read it before, it is pot luck (!) and you can always pass it on, or back to us.

Subscription is £10 per annum and we are happy to deliver books locally, we are also happy to post books but will charge the postage.

The fun is trying new authors and also the pleasure of rediscovering some old favourites.

Please contact Barbara (01566 784797) or Joy (01822 860630) if you would be interested in more information about our books and puzzles.

Some books that have been Pot Luck reads:



All Saint's Church, Dunterton

On 14th May we were delighted to be involved in the Memory Planting Day at Chapel Barn in Tuell raising funds for both Dunterton and Sydenham



Damerel. This brought together residents from all over the local community – thank you Giselle for organising such a wonderful day of love and reflection.

Then on 25th June we held a car boot sale opposite the church. A thoroughly enjoyable day which is hopefully the start of a regular fundraising event. Many thanks to Betsy and family for the great organisation and to Gerald for letting us use his field.

What would you like the church to do for you?

Since formal approval from the PCC, the Friends of Dunterton Church have been working enthusiastically to increase the engagement with the local community. Whilst we have lots of ideas, we would welcome suggestions from the residents as to what they would like from the church moving forward. These can be social events, community services, missional outreach or indeed forms of worship. Please send your ideas to the Friends Group on duntertonfriends@gmail.com.

Save the date - Our next fund-raising event is the annual River Walk being held on Sunday 22nd October. Starting and ending at Dunterton Cross (from 11.00 to 16.00) the circular route will follow a similar path to last year and once again we will be offering tea, cake and a BBQ at the end of the walk. Not one to be missed!

PS - If anyone can help with arrangements on the day please contact Sue Champion on 01822 870110 or John Spensley on 07711 995735.

Also – We are delighted to be holding an additional

Harvest Festival service on Sunday September 3rd.

We would love to see you there.

SERVICES AT DUNTERTON CHURCH – DATE & TIME				
August 6th at 11.00 a.m.	September 3rd at 11.00 a.m.			
October 1st at 11.00 a.m.	December 25 th at 9.30 a.m.			



St. Mary's Church, Sydenham Damerel

We have all been enjoying the long, hazy days of summer. Thanks to some very cheerful volunteers the churchyard is looking particularly lovely and looked perfect for the two local weddings held there. The bell-ringing was magnificent!

One sadness is the amount of rubbish constantly littering our beautiful hedgerows. This seems to have been exacerbated by all the road closures. Our community volunteer heroes have been amazing and we are always on the lookout for more help. Spic and Span litter pickers and black bags are always available in the church porch.

Readings at our services

As ever we are always more than happy to have different people doing

the readings at services. If you would like to help out we would love to hear from you – literally!

Coffee making - our new kitchen

The coffee mornings on the first Saturday of the month, at 10.30, are a great opportunity to get together and chat. Our new 'camp kitchen' in St Mary's is wonderful! It had a baptism of fire at this month's coffee morning. The extra space, running water and sink and waste water container



made everything so much easier. Huge thanks to all involved.

Plans are afoot to set up a village book club- watch this space!

Gail Cullen



St. Andrew's, Coryton

Trialling Different Styles of Service for Holy Communion

In June and July we have had two different styles of Communion service, contemporary and Celtic. A third style will be trialled on August 27th at 11.15am. The aim of the trial is to see if a more popular style of service will encourage more people to come to the services of Holy Communion held on the 4th Sunday of the month.

New hospitality space in St Andrew's



The side aisle in the church has a new look. Some of the pews have been removed and some repositioned to create a space where people can mingle for Coryton Coffee and other hospitality events. It is still a work in progress but the

pictures give some idea of how the new space will look. This is being done only on a trial basis and it will be interesting to see the effect the new space has in creating a



welcoming atmosphere in the church. Come and join us and see what you think!

Fundraising Soup Lunch



Plans are underway for a fundraising soup lunch to be held on Tuesday 5th September from 12.30pm to 2pm. Final details will be confirmed via email, posters and the Coryton WhatsApp group. Funds raised will be shared equally between St Andrew's church, to help

pay for repairs to the roof and guttering, and Plymouth and Cornwall Cancer Fund, a charity supporting local people affected by cancer and who receive treatment at Derriford Hospital.

Josie Whitfield

St. Mary's Church, Marystowe

From my study window in front of me I see the Church tower basking in sunshine with a blue sky and white fluffy clouds. However, if I look to my right the sky is almost purple with the rain in the clouds and under my desk there is a lingering odour of wet spaniel, a smell



memory of October not July. This is an interesting reflection on our prayers of intercession at the start of the month of July:-

Gracious Father, once again we are praying for rain for the reservoirs, for the farmers, and for the gardeners. Yet when it does come, many of us will then pray for the sun to ripen the fruit, open the flower buds and top up our suntans. There are many more places with extreme need, where the reservoirs are empty, the farms barren and a garden an unimaginable luxury. Father as we pray, help us to balance our local pleas with a Thank You for our piece of heaven in Devon as we remember somewhere in greater need than us.

As always Marystowe Church is welcoming – welcome dog water bowls in the heat of June and welcome shelter for dog walkers in the downpours of July!

If you are panicking about rainy days with visiting family then do remember our jigsaws and books in the bell-tower, we have over 2,000 books both fact and fiction, and a fabulous selection of over 100 jigsaws. We request a minimum donation of £1 for Hardback books and jigsaws, 50p for paperbacks. For the bargain hunters out there we have decided to have another Three for morning, Saturday 30th September 10am to midday.



There will be coffee and cakes and also a Bring and Buy stall, we look forward to seeing you.

While you are putting the "Three for" in your diary, please also save the **25**th **November** as we are having a family day in Marystowe of Midsummer Madness – afternoon and evening entertainment more details to follow.

It is easy to report on what has happened and what we are planning and miss being in the present when there is so much to be thankful for in our heavenly corner of Devon. The snowdrops around the Church are nearly over, but being quickly followed by the wild daffodils and the primroses. Therefore this report ends with an extract from our prayers on 5th March: "We have the contrast of the world's suffering with our beautiful Marystowe and South Tamar Mission Community. …. we ask for you to be with all of us that we may feel our faith deepening during our Lent journey."



Very regretfully we took the decision to cancel our Royal Tea Party at Wonwood Barton. Unfortu-

nately bookings were very slow and, as the teas were being professionally catered, we did not feel we could take the risk.

On Sunday 9th July we said farewell to Tony Dando who has played the organ for us and made sure that it is in good working order for several years, as well as serving as a valued member of our PCC. We wish Tony and Cath all the best for their life in their new home.

On **Saturday 14th October** we will be holding another **Coffee**, **Crafts & Chat Morning** in Milton Abbot Village Hall from 10.30am. This will give you an opportunity to do a little early Christmas shopping as well as sitting down for coffee and cake and a chat with friends. If you would like to have a stall please contact Pat on

01822 618452.

Lamerton Handbell Ringers have very kindly agreed to give us a concert on **Saturday 25th November**, again in Milton Village Hall. More details will be given in the next issue of Parish News.

We do hope you will be able to join us on both of these days; the more funds we can raise to replace our heating system the sooner we will all be warm again!

Liz Padmore





St. Peter's Church, Lamerton

Twice during June we had the opportunity to meet and welcome our new Archdeacon of Plymouth the Rev'd Jane Bakker. On the 13th June she was

licensed then on the 29th June was the

Visitation when the church wardens were sworn in. Many thanks to the Ven. Nick Shutt for the work he did as Archdeacon. Jane has big boots to fill but we have every confidence that she will.



Rev'd Jane Bakker

On the 9th July we said a fond farewell to our organist Tony with a presentation at St Constantine's Milton Abbot.

He has promised to come back for special

occasions - thank you Tony.

The baptism of the youngest member of the Dawe family put our new organist, Val, through her paces with hymns we all love and could heartily join in. It was great to see so many young families in St Peter's with lots of children all being so happy. You are all welcome to join us any time.

Another farewell and thank you went to Shona who has stepped down as C in C of Flowers. We are glad that she will be continuing as a member of the team

We are looking forward to two fun occasions in the future. One is a joint venture with St Mary's Sydenham Damerel when the **Sydenham Damerel Blowers will be entertaining us to a Jazz Evening** in St. Peter's and the other is learn **How to Salsa** - a return of the great occasion we had several years ago with Irene's family treating us to a fun evening in Lamerton Village Hall. Full details in future magazines.

The churchyard look very trim and tidy - thank you Norman and Richard for your help.

Safeguarding News

Training news

You can always access safeguarding training online at:

https://exeter.anglican.org/resources/safeguarding/safeguarding-training/

Please contact your safeguarding rep if unsure how to access or which courses are applicable to your role.

Disclosure and Barring Service (DBS) checks

Please note that *all PCC/Trustee members* must have a current DBS certificate, which is now renewable every 3 years. Other church members who have interaction with children and/or vulnerable adults, including pastoral visitors and Open the Book helpers, are eligible for an enhanced check.

Contact your safeguarding rep to arrange your check if you have not already done so:

Lamerton + Sydenham Damerel

Julie Hibbert; 01822 618221; julie.hibbert3@btinternet.com

Milton Abbot + Dunterton

Susan Champion; Susanchampion41@gmail.com

Coryton

Jane Vicat; 01822 860254; janevicat@gmail.com

Marystowe

Anita Townsend; 01822 860123 Mongoosemoondaisy12@gmail.com

If you are concerned for the immediate safety of someone, dial 999

LAMERTON WI

Tuesday 1st Aug, 2:00pm Covering shoe boxes; making Christmas cards with Trish Malone

Tuesday 5th Sept, 2.00pm
Fair Trade
with Rev Robert Weston
All meetings held at Lamerton Village Hall
New members welcome



A CHILD'S FOOTSTEPS TO FAITH

Peter Sinks on the Water

Do you remember the story in the Bible when Jesus fed five thousand people with just five loaves of bread and two fish? After he had finished feeding the five thousand, Jesus told his disciples to get into their boat and go to the other side of the lake while he went up into the mountains to be alone and to pray.

While the disciples were going to the other side of the lake in their boat, the wind came up and the water began to get rough. The disciples became afraid that their boat would sink and they would be drowned. Then they looked, and they saw Jesus coming toward them and he was walking on the water. When Peter saw Jesus, he became excited and he said to him, "Lord, if that's really you, let me walk to you on the water. Jesus answered Peter and said, "Come."

Well Peter climbed over the side of the boat and started walking on the water to Jesus. Then he began to look around, he felt the strong winds and saw the waves and he became afraid and started to sink. He cried out to Jesus, "Help, save me!" Jesus reached out



his hand and saved Peter and he said to him, "Oh, you of little faith, why did you doubt?"

As long as Peter kept his eyes on Jesus, he was walking on the water, but when he took his eyes off Jesus, he began to sink. As we go through life, there will be some storms. We will encounter some pretty rough water. As long as we keep our eyes upon Jesus and put our trust in him, we will be okay. But when we take our eyes off of Jesus and put our confidence in our own ability, we will surely sink!

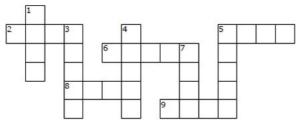
Dear Jesus, when the storms of life come against us, help us to keep our eyes on you and to put our trust in you. Amen.

Jesus Walks on the Water

During the fourth watch of the night Jesus went out to them, walking on the lake. Matthew 14:25 (NIV)

Based on Matthew 14:22-33 (NIV)





ACROSS

- The natural movement of air
- 5. To travel along on your feet
- 6. Moving swells on the surface of the sea
- A small vessel for travel on water
- An unpleasant feeling caused by danger

DOWN

- 1. To go downward in water
- A lack of confidence or belief in God
- 4. A firm belief in God
- 5. A liquid that comes down from the clouds as rain
- 7. To rescue someone

FEAR	FAITH	DOUBT	WAVES	WATER	
SAVE	WIND	BOAT	WALK	SINK	



Historically Christianity has often be associated with wars and violent division – like the Crusades

This view might be well supported by the teaching recorded Matthew 10:24 'Do not suppose that I have come to bring peace to the earth. I did not come to bring peace, but a <u>sword'</u> (machairan). Were the crusades a good thing after all – or were they just an awful misunderstanding?

Our Lord preached in Aramaic. However, the Gospels are written in Greek and then translated into our languages – so there were plenty of chances for 'Chinese Whispers' to take hold – unless 'context' is applied. This might be because translations of the Biblical text so often lack context.

In theology we were always taught to look at the context before going to the original Greek text. For instance, how could Our Lord say that 'I did not come to bring peace, but a sword' and then to say 'love your enemies and pray for those who persecute you, that you may be children of your Father in heaven.' (Matthew 5:43-45) Surely these teachings are a contradiction – but Our Lord did not 'do' contradictions. His whole life was steadfastly consistent.

So what does the Greek for sword 'machairan' actually mean? It depends in what context it is used. It can mean a weapon in the context of say a Roman soldier. However, 'machairan' used in connection with a religious teacher can also mean judicial judgement or dissension. We know that Jesus would never have used a physical sword. When he was arrested in the garden of Gethsemane Peter attempted to defend him by drawing his sword and cutting off a soldier's ear. Jesus healed him and announced that 'those who live by the sword die by the sword' (Matthew 26, 26:52) English speakers usually associate the word 'sword' with the weapon and yet the vast majority of biblical translations simply record Jesus saying 'I did not come to bring peace, but a sword.' rather than 'I did not come to bring peace, but dissension' so avoiding a contraction in Our Lord's teaching.

I would suggest that we all substitute the word *sword* with the word *dissension*. Our Lord would *never* have approved of the crusades.

Lamerton Sports & Community

Registered Charity 900404

Green Hill Lamerton

Lamerton Harvest **Auction and Supper** Friday 29th September 2023 Lamerton Village Hall commences 6:30 pm



- · Hundreds of lots, including harvest items, days out, evening meals and many, many more.
- Licensed bar.
- · Supper and dessert included

Entry

£3.00 for children, £5.00 for adults. For more information call 01822 615654

LAMERTON PRIMARY BAGS2SCHOOL WE WANT YOUR OLD CLOTHES!! WEDNESDAY 27 SEPTEMBER

HAVE YOU GOT ANY GOOD QUALITY CLOTHES, SHOES, BAGS, SOFT TOYS ETC THAT YOU WANT TO GET RID OF?

FRIENDS OF LAMERTON SCHOOL HAVE ORGANISED A BAGS2SCHOOL COLLECTION WHICH WILL HELP US TO RAISE FUNDS FOR OUR SCHOOL CHILDREN AND TO REUSE AND RECYCLE THE ITEMS.

PLEASE DROP OFF YOUR ITEMS TO LAMERTON PRIMARY BETWEEN 8AM AND 9AM ON WEDNESDAY 2TTH SEPTEMBER.

IF YOU CAN'T DELIVER AND WOULD LIKE US TO COLLECT PLEASE



Room for Hire

The Priest's Room, Lamerton is an ideal venue for small meetings (20 people max)

It has full tea/coffee making and washing up facilities, tables and chairs, heating and a toilet nearby.

> For more details and to make a booking call Irene 01822 616527



Please do come and join us for our Taizé services at Sydenham Damerel Church.

The service will start at 7:00 pm and will last for around 45 minutes. Taize worship is a service consisting of Bible readings, prayer, meditative singing and periods of silence. To learn more about Taizé and to listen to some of the music please visit

http://www.southtamar.church/taize/

Future Dates:

Tuesday 26th September

A Story on the Theme of Truthfulness Crying Wolf

Once upon a time, a young shepherd boy took his flock of sheep up a hill to graze on the nearby fresh green grass. The hill area was well known for the threat of a wolf, who used to attack the sheep grazing there.

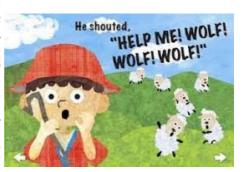
However, the locals were well aware of the wolf and constantly ready to help anyone calling out for extra help. The shepherd boy's master informed him of the villagers' intention to give a helping hand.

One day, as he sat on a hillside, watching his flock of sheep forage nearby, the shepherd boy got very bored. So he thought of something to do to amuse himself. To ask for help, he yelled, "Wolf! Wolf! My sheep are the target of a wolf raid." After rushing to the hillside upon hearing that, the villagers were shocked to find there was no wolf. The shepherd boy successfully troubled the villagers, and roared with laughter to their horror. The villagers were furious and upset and warned the shepherd boy not to call for help when there was no wolf.

After a few days, the shepherd boy yelled out in need of assistance once more, "Wolf! It's a wolf raiding my sheep!" He chuckled as more villagers flocked to the hillside to assist him in chasing the wolf away.

However, they quickly discovered that this was the shepherd boy's second con on them. They became very irate. A warning was given to the young boy telling him to stop raising any more false alarms.

But the shepherd boy saw a wolf the very next day while concentrating more on his herd of sheep on a hillside. He was so startled and terrified that he cried out "Wolf! Wolf!" as loud as he could.



Alas! Nobody came to help him because they believed the shepherd boy was making a pointless noise just to try to scare them once more. They went to the hillside to look for the boy when he hadn't returned to the village after dusk. They found the young boy and saw that he was crying. When asked what occurred, he answered, "There really was a wolf up here. The flock has spread out. I screamed, 'Wolf!' Why didn't you come?"

The villagers responded that they thought he was pulling another silly joke on them by raising a false alarm about the wolf again. They decided not to help as a result. The young shepherd boy decided never to lie again, having learned his lesson.



Ringing Roundup



The Lamerton Bellringers have been kept busy with all services rung for together with some at Milton Abbot. We rang for a wedding at Milton Abbot and our practice nights have resulted in more of our new recruits starting to ring rounds with the more experienced ringers.

Recently we held a social evening at Langford which included a barbecue and skittles match, where those of us who haven't rung quite so well recently, or have missed changes, were at least able to get even on the skittle boards. Lastly, more 'evening-up' occured when the quick quiz results were announced. I think it is fair to say that we were all beyond caring!

A lovely way to spend a fine summer evening.

William Dawe

Message from Tony Dando, Organist

'Dear Ian, Angela and the congregation at St Peter's,

Thank you all for your most generous gift as I leave St Peter's after five years as your organist. The garden vouchers will work wonders in our small, slightly overgrown garden and give us great pleasure in choosing some new shrubs.

Could you pass on these heartfelt thanks to the congregation for their kindness?

Our new landline is: 01822 487764

Thank you both for your constant support during my time as organist.

Many blessings for the future.

Tony (Dando)'

LAMERTON PCC

The next PCC meeting is on Tuesday 19th September Priest's Room, Lamerton, 7.00pm

As always, any interested parishioners are very welcome to attend

Important Message



I'm sure most of you will have heard of 'GDPR' or the General Data Protection Regulations. So that we, as a Mission Community, are compliant with these regulations we request your permission to keep in touch.

Let's Keep in Touch

The South Tamar Mission Community has a great database so we can email everyone who has registered, with details of services and up and coming events. If you have not completed the on line consent form then please do go to www.southtamar.church and under the Privacy Notice tab you will find the on line consent form and please do fill it in.

And now the boring bit – if you are on the database then we apologise in advance but - due to Data Protection Regulation we will, over the next few months, be contacting you to confirm you are happy to remain on the database.

If you have any queries or questions please contact Joy McSmythurs (01822 860630)

Scam Alert!!! Message from Rev. Andy

I am afraid to say that someone on the internet is sending emails, asking people to buy gift cards on my behalf. The emails come through as if they were sent from me "Rev. Andrew Atkins"

This is a well-known scam, please do not respond to the email which has been sent from the address below, who claims to be "Rev. Andrew Atkins".

parishoffice8286@gmail.com

If you are able, please do block this address.

This scam is particularly distressing as it is targeting church groups, with the fictitious 'parish office' email address. You can report scam 'phishing' emails by visiting the website below

https://www.actionfraud.police.uk/report-phishing

St Peter's Church Wedding Kneeler 2023

A request was made to me in late 2022 to repair a few holes in this kneeler. In January 2023, two of us began to dismantle the kneeler to be able to consider and plan the way forward for this challenging project.

Many stitches had worn away, holes had developed in the canvas,



candlewax had been spilt onto it in several places and moths had left their chrysalises (and in some cases the remains of the dead insect). Once the base canvas was removed the foam was disintegrating leaving a lot dust on the underside of the canvas.

It took nine hours to dismantle completely and make a plan. This was

when we found the letter written by Dorothy Souter.

A new block of foam was ordered from a local company, together with tapestry wool as near as possible to the original colours, pieces of canvas to support the old and lastly foam covering.

I met with a friend from Tavistock most weeks for three hours to initially stabilize the original fabric and then to start

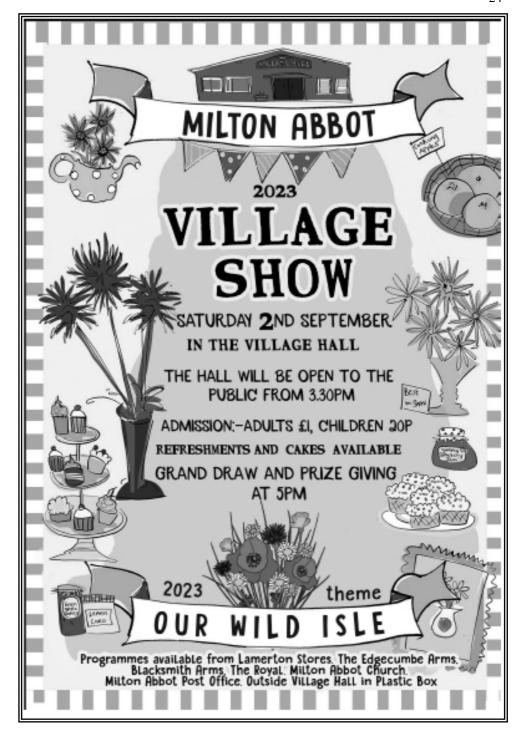
replacing stitches. Some afternoons we would make twelve new stitches only to unpick six of them as they didn't join with the original. The new pieces of canvas, although the same number of holes to inch, was much firmer than the old which made joining difficult.



The long side at the front was so badly worn, discoloured and so much had disintegrated, the best option was to cover it with fabric. The original is left underneath.

Finally, after seven months, we have able to reassemble the kneeler with Dorothy Souter's initials now on the front facing side. It has been an honour and privilege to restore to the best of my ability my dear neighbour, friend and mentor Dorothy, her wonderful piece of work. I hope I have given a few more years of pleasure to Lamerton parishioners.

Rosalind Wiggins together with Ann Wroath.



Mid-week Holy Communion



Every Wednesday morning at 10 am in the Priests room at Lamerton

The service is a quiet, reflective said service of Holy Communion. The perfect opportunity to re-charge your spiritual batteries.





With Tea, coffee and cake afterwards.



Coffee @ St. Mary's Sydenham Damerel

First Saturday of every month 10.30am onwards All welcome



NATURE NOTES BY BLUEBELL August - September 2023

"O Swallow, Swallow, flying, flying South,...
O tell her, Swallow, that thy brood is flown....
O tell her, brief is life but love is long,
And brief the sun of Summer in the North.

from The Princess, iv, Introductory Song; Alfred, Lord Tennyson

The wild flowers and grasses in a summer meadow are a litany of delight. And butterflies are on the wing now too.

A headline in the Times (4th July 2023) caught Bluebell's attention: **Pink Flowers that can help protect the climate from bovine burps.** Cosmos is one of a number of flowers which are "known to reduce methane emissions from livestock, especially cows, when

mixed with their food". Pink mosaic is a new variety of Cosmos flower, which was presented at Hampton Court Palace Garden Festival. Royal College of Art students designed a burp catching mask for cows (Daily Telegraph 22 April 2022) but it doesn't seem to have caught on.

Carbon dioxide makes up the majority of global greenhouse gas emissions but methane is the second most prevalent. It does not last as long as car-

bon dioxide, but has a warming effect many times more powerful.

Jonathan Sheppard, a lobbyist, gardener and expert on Cosmos flowers

asks why the flowers are not being trialled in feeding cows in this country. He offered to supply seeds to anyone interested in growing cosmos flowers to use in their cattle feed. Bluebell wonders if many of the other flowers in old-fashioned hay might help too.

The meadow flowers on Galford Down include Gorse, on the top stem of which sits a smart little stonechat, calling to another with a little chink chink like two pebbles knocked together. He has a black head, white half collar and russet breast. There are many grasses, filled like popcorn in a pan with leaping Common Green Grasshoppers, meadow pipits, rabbits; and the flowers include purple round-headed Prunella, or Self-heal, delicate yellow Tormentil, Rough Hawkbit, yellow Meadow Vetchling, Silverweed, Eyebright, Speedwell (Veronica Officionalis), and small thistles embraced by Clouded White butterflies. Through the grass float Meadow Brown and Hedge Brown or Gatekeeper butterflies, resting on bramble clumps.

Bluebell is delighted that a little brood of swallows is being reared in her front porch this summer again, and about 18 swifts are to be seen and heard in screaming parties round the house. Soon they will be flying South.

POLE POSITION

The chief Bunting Tosser informs me that Flag & Notable Days for August & September are:-

Aug 15th Birthday of the Princess Royal & VJ Day

Aug 17th Indonesia Day Aug 20th Armada Day

Aug 24th Ukraine Independence Day
 Sep 3rd Merchant Navy Day & Sunday

Sep 8th HM Accession Day

Sep 9th National 999 Services Day

Sep 15th Battle of Britain
Sep 17th Battle of Arnhem

Sep 19th International Pirate Day

There are three flags in St Peters Church that have been laid up.

Flags that have been dedicated are Colours and at the end of their day, they have to be laid up and cannot be removed until they fall to pieces,

then they have to be burnt.

Two are British Legion Colours and one is the 1st Lamerton Scout Troop formed Friday 15th January 1965. The Vicar, the Rev W. D. Stenhouse was the chairman shortly to be the Group Scoutmaster and in 1965 purchased their flag, £616.3d







Free Fire Safety Check for your home

Did you know that Devon and Somerset offer free home visits to check on fire safety in your home?

Booking is very easy - see below

When booking a visit you will be asked a few general questions:

House or flat? Anyone over the age of 65 or 85 reside there? Anyone have a disability (mobility, learning difficulty, dementia) or suffer from poor eyesight or hearing?

Does anyone smoke?

Any gas or open fire appliances? Do you have smoke and carbon monoxide alarms?

The visit lasts about 30 minutes, where you expect to receive a check on smoke alarms, escape routes, extension leads and electrical sockets, state of your gas boiler or fire (if appropriate) - and if your carbon monoxide alarms are working.

The fire service will replace alarms free of charge, with a life span of 10 years.

People who are hard of hearing are particularly vulnerable and the fire service can offer vibrating pillows to alert someone who is asleep. They will also offer BSL signers and help with foreign languages to facilitate the visit.

Fire prevention is much easier to deal with than a fire!

Bethan is the lady who covers home visits in the Tavistock Area. You can book a visit by phoning 0800 0502 999 or register online:

https://www.dsfire.gov.uk/safety/home/home-safety-visits

You can get a friend to register for you

Thank you to Sonja Prowse for alerting Rev Andy to this service

GARDEN NOTES BY DOUG

Mary, Mary, quite contrary How does your garden grow? With silver bells and cockle shells And, pretty maids all in a row.

Well, Doug might have to get some silver bells and cockle shells, but he won't be allowed pretty maids (he certainly won't -

he's got his lovely wife instead) - unless they're just flowers. You may remember I sowed some annual flower meadow seeds in March; having stripped off the grass in autumn and covered the soil to stop weeds growing. Well, the result is a bit of a failure as you can see from the before and after photographs. I even had to add some nasturtiums for a bit of interest. So, what went wrong? Surely Doug couldn't have got it wrong? Well, I could blame the Met Office - good luck there, mate!





Sometimes - gardening - you just have to accept you get it wrong. It's inevitable. Sometimes you sow seeds and nothing appears. Sometimes you plant out a strong healthy plant and the next day the leaves have flopped and it never recovers. You have to accept the losses and enjoy the gains. Sow the seeds again - you'll score.

One reason I like growing from seed is that it is a cheap approach. It if doesn't work you haven't lost much and if it does you've won. Courgettes are a famous example. If you just hit it right, you sow a tenth of a packet and a couple of months later you're giving them away and/or chucking them on the compost heap.

The recent weather <u>has</u> been a nightmare. So hot, so dry, so wet, so cold. Everyone will have had trouble in their garden. Accept it's not like a jigsaw - you're never going to finish it, complete it, put in the last piece.

Have you thought about getting bulbs for a spring display? I'm thinking I'll order some camassias. The RHS says:

Camassia produce upright spires of star-shaped flowers in shades of violet-blue, white or pink...Camassia like moist (but not waterlogged) soil in full sun or light shade...Indian Americans traditionally used camassia as a food, where the bulbs were roasted and eaten as a vegetable, or boiled down into a molasses-like sweet.

Enjoy a lovely autumn.





Lamerton Art Group

We are looking for new members!

We are a small friendly group of artists who support and help one another. We have the occasional inspiration of a demonstration or talk by a professional artist.

We meet on Thursday mornings between 10am and 1pm at the Lamerton Community Centre.

Do come and join us.

Please contact: Elaine Price, email: elainejprice@hotmail.co.uk

Milton Abbot Grouped Parish Council

Please see our website for lots of information about Milton Abbot, Chillaton, Bradstone, Dunterton and the surrounding areas along with a list of the local parish councillors.

www.magpc.co.uk

Lucky Lamerton Lottery

The winning numbers were June 2023 - 8 July 2023 - 16



Congratulations to our winners and a big thank you for purchasing lottery tickets for 2023/24. All proceeds go towards St Peter's Church, Lamerton

Wanted!

Your Parish Magazine needs you to become the new Editor.

I am looking for someone to take-on the role and will give full training and support.

Please contact me if you want further information. No pressure.....! *Julie Hibbert*

01822 618221; Email julie.hibbert3@btinternet.com



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Your Benefice Safeguarding Representative is:

Julie Hibbert

Contact: 01822 618221; Email: safeguarding@southtamar.church

Or contact: Rev Andy Atkins: 01822 870298;

Email: vicar@southtamar.church

If you cannot reach your Benefice Safeguarding Representative, please contact the Diocesan Safeguarding Team: Charlie Pitman, Safeguarding Adviser 01392 345909,

Email: charles.pitman@exeter.anglican.org





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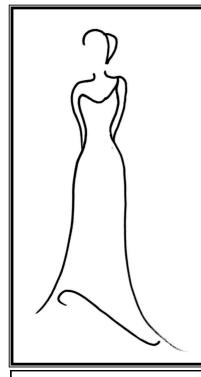




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CHURCH SERVICES September 2023

Day	St Mary M. Sydenham Damerel	St Peter's Lamerton	All Saints' Dunterton	St Constan- tine Milton Abbot	St Mary the Virgin Marystowe	St Andrew's Coryton	
Sunday 3rd Sept 13th Sun of Trinity		6.30pm Even- song BCP	11.00am Harvest Festival		9.30am HC/CW		
Weds 6th Sept		10:00am Holy Communion at St Peter's Lamerton					
Sunday 10th Sept 14th Sun of Trinity	10.30am HC/CW			10.00am Sunday Praise		6.30pm Even- song BCP	
Weds 13th Sept	10:00am Holy Communion at St Peter's Lamerton						
Sunday 17th Sept 15th Sun of Trinity		11.00am HC/CW			9.30am Family service Morning praise		
Weds 20th Sept	10:00am Holy Communion at St Peter's Lamerton						
Sunday 24th Sept 16th Sun of Trinity	6.30pm Harvest Festival			11.00am HC/CW		11.15am HC/CW	
Tues 26th Sept	7.00pm Taize, Sydenham Damerel						
Weds 27th Sept	10:00am Holy Communion at St Peter's Lamerton						

CHURCH SERVICES August 2023

Day	St Mary M. Sydenham Damerel	St Peter's Lamerton	All Saints' Dunterton	St Constan- tine Milton Abbot	St Mary the Virgin Marystowe	St Andrew's Coryton	
Weds 2nd Aug			No Se	ervice			
Sunday 6th Aug 9th Sunday after Trinity		United Benefice Service Morning Prayer 11.00am Dunterton					
Weds 9th Aug		No Service					
Sunday 13th Aug 10th Sun- day after Trinity	United Benefice Service 11.00am Milton Abbot						
Weds 16th Aug	No service						
Sunday 20th Aug 11th Sun- day after Trinity	United Benefice Service 11.00am Lamerton						
Weds 23rd Aug	No service						
Sunday 27th Aug 12th Sun- day after Trinity	United Benefice Service Holy Communion 11.15am Coryton						
Weds 30th Aug	No service						