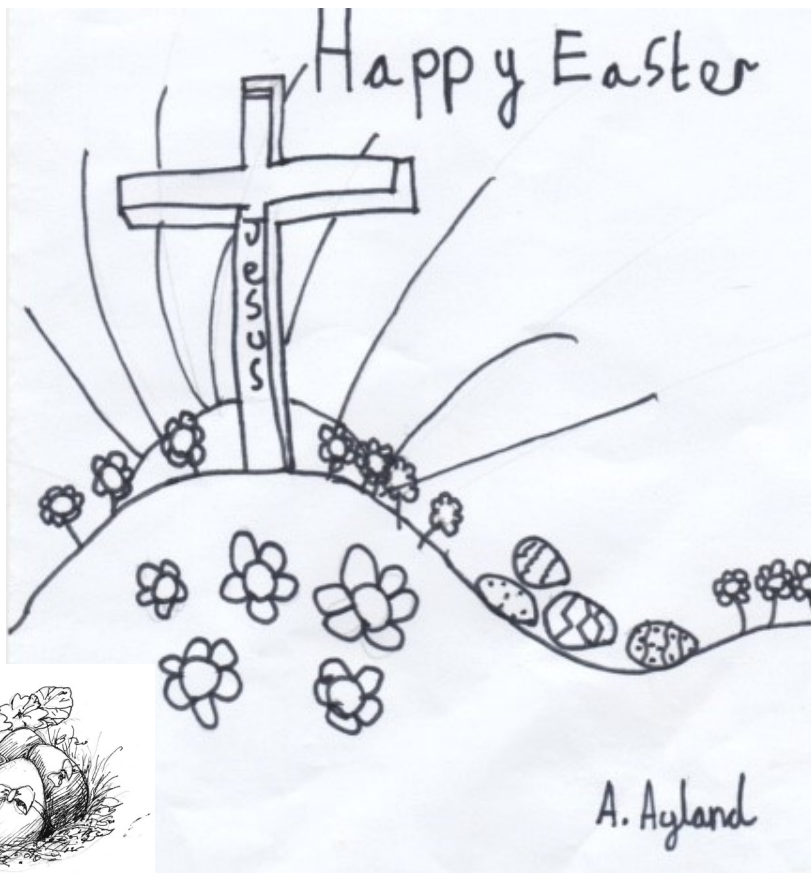


Parish News

**For the Benefice of
Chillaton, Coryton,
Dunterton, Lamerton,
Marystowe,
Milton Abbot and
Sydenham Damerel**



South Tamar
Mission Community

**April & May
2023
Price: £1**

RECTOR:**Rev Andrew Atkins****01822 870298**The Vicarage, The Parade, Milton Abbot PL19 0NZ;
Email: vicar@southtamar.church**CHURCHWARDENS**

Lamerton:	Mike Jefferies	614178
	Ian Minshull	810027
Milton Abbot:	Liz Padmore	870642
Dunterton:	Arthur Vigars	870244
Sydenham Damerel:	Margaret Hurdwell	870545
Marystowe:	Barbara Dawe	(01566)784797
Coryton:	Giles Vicat	860254

PCC SECRETARIES

Lamerton:	Barbara Meikle	617229
Sydenham Damerel:	(Barbara Meikle)	617229
Milton Abbot + Dunterton:	Liz Padmore	870642
Marystowe:	Guy Talbot	860314
Coryton:	Josie Whitfield	860189

CHURCH TREASURERS

Lamerton:	Mike Jefferies	Church Avenue House, Lamerton	614178
Sydenham Damerel:	c/o Margaret Hurdwell		870545
Milton Abbot:	Pat Lovell	2 Fern Meadow, Tavistock	618452
Dunterton:	John Spensely		07711 995735
Marystowe:	Guy Talbot		860314
Coryton:	Niel O'Neill		860263

UNITED BENEFICE APPOINTMENTS

Benefice Safeguarding Representative	Julie Hibbert	618221
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Vicar's Assigned Administrator	Guy Talbot	860314
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MAGAZINE

Editor:	Tim Culverhouse	Lower Barton, Lamerton, Tavistock PL19 8RR E-mail: parishnewsmag@gmail.com	616799
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CHURCH WEB SITE	www.southtamar.church	Email: vicar@southtamar.church
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PARISH COUNCILS

	Chairman	Tel.	Email
Milton Abbot group parish:	Mark Ambrose	870603	
Lamerton:	Clerk Shane Honey		clerk@magpc.co.uk
	Ann Cole		
Sydenham Damerel:	Clerk Caroline Oxenham	481415	clerk@lamertonparishcouncil.gov.uk
	Howard Payne	870865	howard.payne@sydenham-damerel.org.uk
	Clerk Peter van Delft	01566 783023	clerk@sydenham-damerel.org.uk

PRIMARY SCHOOLS

Lamerton C of E	Head Teacher: Melody Sterry	Tel. 613561
Milton Abbot	Head Teacher: Debbie Buckingham	Tel. 870273

Diary Dates

Event	April 2023 dates	May 2023 dates
Coffee Mornings		
Lamerton coffee mornings, Community Centre, 10.30 - 12	1, 15, 29	13, 27
Sydenham Damerel from 10.30am	1	6
Bingo		
Lamerton Community Centre, 8.00pm	4, 18	2, 16, 30
Church events		
Lent course 7.30 - 9pm Marystowe church	5 (last session)	
Easter services page 5	2 - 9	
Condemned—one woman show, 4,30pm Milton Abbot church	8	
Fund raising and other events		
Talk on trip to Holy Land part 2, 6.30pm Lamerton village hall	24 March	
Lamerton school big breakfast, 9 - 11am, Lamerton village hall	22	
Lamerton School 'Bags2school'	25	
Wildflower 'memory' planting, Tuell Farm 11 - 3.30pm		14

***Magazine deadline for June and July 2023 edition is
mid-day, Tuesday 16th May***

Thank you for your timely submissions - they are much appreciated.

***February and March church services are on the back cover.
Bible Readings are on pages 6 and 7***

The Vicarage, The Parade, Milton Abbot, Tavistock, Devon. PL19 0NZ
Tel: 01822 870298; Email vicar@southtamar.church



Dear Friends,

Alleluia! Christ is risen! He is risen indeed! Alleluia!

When Jesus rose from the dead, grief departed, and death became a thing of the past. At the moment of Christ's resurrection, God's focus, and ours, turned to the future. The miraculous lesson of Easter is that through Jesus' death on the Cross, we have been granted a second chance. We are given permission to leave our old lives behind and stand before the pristine canvas of a new day, with all its potential for joy and choices that honour God. Stop reliving the past, beating yourself up over all the mistakes you've made. The slate has been wiped clean! Paint a new life for yourself, bright with the colours of God's grace and renewal. Grace is the power to overcome bad habits, to make peace in a relationship, or to bring you victoriously through a time of testing - without all your trying. That is because it is God's power, not ours, that overcomes all evil. With lots of blessings for the Easter Season.

So I do hope that as many as are able can come and join us this Easter-tide, to take part in the Easter services across our Benefice; Alleluia! Christ is Risen!

Christ is Risen: The world below lies desolate
 Christ is Risen: The spirits of evil are fallen
 Christ is Risen: The angels of God are rejoicing
 Christ is Risen: The tombs of the dead are empty
 Christ is Risen indeed from the dead,
 the first of the sleepers,
 Glory and power are his forever and ever
 St. Hippolytus of Rome (AD 190-236)

May you all have a Blessed Easter,
Fr. Andy



Church Services over Easter period April 2023

Date	Time	Venue	Service
Sunday 2nd Palm Sunday	9.30am	Marystowe	Holy Communion CW
	11.00am	Dunterton	Sunday worship
	6.30pm	Lamerton	Evensong BCP
Tues 4th	6.30pm	Lamerton	Stations of the Cross
Weds 5th	10.00am	Lamerton	Holy Communion
	7.30pm	Marystowe	Last Lent course session
Thurs 6th	6.30pm	Lamerton	Maundy Service
Fri 7th Good Friday	11.00am	Coryton church to Marystowe	Walk of Witness
Sat 8th	4.30pm	Milton Abbot church	'Condemned' a one woman show
Easter Day 9th April	9.30am	Marystowe	Holy Communion CW
	10.30am	Sydenham Damarel	Morning Praise
	11.00am	Lamerton	Holy Communion CW
	6.30pm	Coryton	Evensong

BIBLE READINGS (Year A)

Please use the readings published in the Parish Magazine and your own bibles.

DATE	1 ST READING	2 ND READING	GOSPEL
Sunday 2nd April Palm Sunday (Red)	Isaiah 50. 4 - 9a	Phillippians 2. 5 - 11	Matthew 27. 11 - 54
Sunday 9th April Easter Day (White)	Acts 10. 34 - 43	Colossians 3. 1 - 4	John 20. 1- 18
Sunday 16th April 2nd Sunday of Easter (White)	Acts 2. 14a, 22 - 32	1 Peter 1. 3 - 9	John 20. 19 - 31
Sunday 23rd April 3rd Sunday of Easter (White)	Acts 2. 14a 36 - 41	1 Peter 1. 17 - 23	Luke 24. 13 - 35
Sunday 30th April 4th Sunday of Easter (White)	Acts 2. 42 - 47	1 Peter 2. 19 - 25	John 10. 1 - 10
Sunday 7th May 5th Sunday of Easter (White)	Acts 7. 55 - 60	1 Peter 2. 2 - 10	John 14. 1 - 14

BCP – Book of Common Prayer

CW – Common Worship (Modern)

BIBLE READINGS (Year A)			
DATE	1 ST READING	2 ND READING	GOSPEL
Sunday 14th May 6th Sunday of Easter (White)	Acts 17. 22 - 31	1 Peter 3. 13 - 22	John 14.15 - 21
Sunday 21st May 7th Sunday of Easter (White)	Acts 1. 6 - 14	1 Peter 4. 12 - 14, 5. 6 - 11	John 17. 1 - 11
Sunday 28th May Pentecost (Red)	Acts 2. 1 - 21	1 Corinthians 12. 3b - 13	John 20. 19 - 23

The readings are ended with ***'This is the Word of the Lord'*** (used during services of HC or, during other services ***'Here ends the lesson (or 1st reading or 2nd reading)'***). The response is ***'Thanks be to God'***.



South Tamar Mission Community

There are several ways to keep up to date with events, or to get in touch with the Vicar and Churchwardens

Our website: <http://www.southtamar.church>

Our Facebook page: @southtamarmission

e-mail: vicar@southtamar.church

tel: 01822 870298



‘Condemned’

**Milton Abbot
Church**

Saturday 8th April

4:30 pm

A Powerful One-Woman Play

He's on death row. There's a chance of reprieve. And all she can do is wait. She can't understand how her son ended up here, charged with sedition, acts of terrorism, crimes against the state. He was a good boy; she'd brought him up that way, God fearing. And as a man, yes, he was outspoken, yes, he'd recruited followers, yes, some had called him a radical, but this - how could it come to this?

This powerful one-woman play follows the reminiscences of a mother as she contemplates her son's life. The twists and turns, influences and events that have led up to this are portrayed through a unique blend of drama, physical theatre, dance and music. Was there anything she could have done differently, is there anything left to be done, or is time marching on to an inevitable conclusion?

Morag Parker is a music theatre graduate of UCLan, a theatre practitioner and dance teacher. Her company, In The Wings', previous productions include three full-scale musicals including two by its in-house writer Eames Barry, who has also written this drama.

All Saint's Church, Dunterton



We can now confirm that Dunterton Church is open for services.

Following a great deal of uncertainty surrounding the church's future, a meeting was held in January with the Exeter Diocese where they confirmed that the church is to remain open for services. This will require the community to meet some specific ongoing requirements that include maintaining a congregation and holding a minimum of 6 services a year. Furthermore, we have set up an active Friends of Dunterton Church group that will be a sub-committee of the Milton Abbot with Dunterton PCC (Parochial Church Council). The PCC will also include members of the Friends committee. Further to the annual River Walk, we are actively engaging with the wider community to grow the Missional Outreach for the parish having already planned some events with more to come.

A massive thank you to everyone, and there were many, who supported a real and passionate wish to keep the church open for services. This has been recognized and is truly amazing!

John Spensley

What's On

Community Skittles Evening with BBQ and Hot Drink £5. Please join us for an evening of fun to be held at Bradstone Manor, PL19 0QS on Saturday 15th April at 7.30pm. Please contact Sue Champion on 01822 870110 for a ticket.

Memory Day on Sunday 14th May anytime from 11.00am to 3.30pm. See page 17 for details.

River Walk. This year's River Walk is planned to be held on Sunday 22nd October. The walk will follow the same successful route as last year starting and finishing at Dunterton Cross. Refreshments will be served on route. If anyone wishes to help, please contact Sue Champion on 01822 870110 or John Spensley on 07711 995735.

SERVICES at DUNTERTON CHURCH - Date and Time

April 2 nd at 11.00am	August 6 th at 11.00am
May 7 th at 11.00am	October 1 st at 11.00am
June 4 th at 11.00am	December 25 th at 9.30am



St. Mary's Church, Sydenham Damerel

It seems like no time at all since we were talking about Christmas and carols and here we are half way through Lent looking forward to Easter!

Our yew trees have at last received some attention and have been topped to give them a chance to renew their vigour and continue to provide a welcoming entrance to the Church for (hopefully) decades to come. Many thanks to Dean Elliot for all his help.

The Church grounds have also had a makeover. Twenty nine volunteers turned out to lop, trim, prune, weed and have a jolly good clear out. The resulting debris was cleared away thanks to our two local farmers, Tony Furse and Peter Rogers.



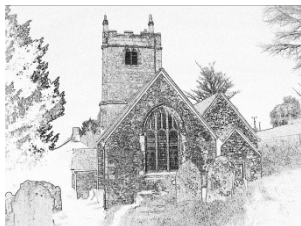
Continuing to discharge all of Chapel Warden/Treasurer duties has been the subject of some effort recently with. "Friends of St Mary's" group being set up. A very helpful meeting has been held and with Rev Andy's encouragement we are looking forward to sharing all of these duties more widely with the continued help of Parish Volunteers.

Two village weddings will take place in St Mary's over the next few months, a fairly rare occasion in such a small community and something to look forward to. Our monthly coffee mornings continue and planning is under way for events to celebrate the Kings Coronation in May - watch this space!

Mike Forster



**Coffee @ St. Mary's
Sydenham Damerel**
First Saturday of every month
10.30am onwards
All welcome



St. Andrew's, Coryton

The churchyard has been looking beautiful these past few weeks with lots of lovely crocus heralding the arrival of spring.

We are now looking forward to celebrating the Easter Season. As in prior years, we will have the Walk In Witness on Good Friday, April 7th. Starting this year in Coryton at 11.00am, we will walk the Devon lanes to Marystowe Church commemorating the Stations of the Cross. At the end there will be refreshments in the School Room including the traditional hot cross buns. Dogs as always are very welcome to join in.

Then on Easter Sunday, April 9th at 6.30pm we will be celebrating Easter with a service of Evensong followed by, as usual, Coryton coffee.



What Could Your Church Be Doing For You?

At a recent meeting of the Parochial Church Council, there was a discussion of how St Andrew's could better serve the needs of its community.

Coryton has no shop, no pub, only the church as a central facility open to all residents. St Andrew's is a lovely historic building and it is a shame it is not used more than just for bi-monthly public worship. The PCC would be grateful for ideas from the residents of the Parish suggesting what they would like from the church, whether that be social events, mission or outreach, community services or forms of worship.

Please send your ideas c/o the PCC Secretary, Josie Whitfield
email: josiewhitfield@btopenworld.com mob: 07989 666427
Thank you and we look forward to hearing from you.

Josie Whitfield

St. Mary's Church, Marystowe

St Mary the Virgin, Marystowe



The Past

Many of you will recall my personal involvement with the Bra and Boxer fundraising event in February at Marystowe, I was therefore very grateful and touched by the success and I am delighted to confirm we raised £1,300 to be split equally between The Primrose Foundation and Chestnut Appeal. These are charities based at Derriford Hospital to raise awareness of, and help sufferers and survivors of, Breast Cancer and Prostate Cancer.

Marystowe Church hosted the World Day of Prayer on 3 March, and many thanks to Phill and Amy who led the service.

The Future

If you have been into our Bell Tower bookshop recently you will see that we have had some great donations lately, we are in danger of running out of room! Therefore we have decided to have a sale! Please make a note in your diary **Saturday 15th April 10am to midday**, it will be Three for morning: -



Three paperbacks £1
Three hardbacks £2
Three Jigsaws £2

There will be coffee and cakes and also a Bring and Buy stall, we look forward to seeing you.

While you are putting the "Three for" in your diary, please also save the **8th July** as we are having a family day in Marystowe of Midsummer Madness – afternoon and evening entertainment more details to follow.

Now

It is easy to report on what has happened and what we are planning and miss being in the present when there is so much to be thankful for in our heavenly corner of Devon. The snowdrops around the Church are nearly over, but being quickly followed by the wild daffodils and the primroses. Therefore this report ends with an extract from our prayers on 5th March:

"We have the contrast of the world's suffering with our beautiful Marystowe and South Tamar Mission Community. we ask for you to be with all of us that we may feel our faith deepening during our Lent journey."

Joy McSmythurs 01822 860630

St. Constantine's Church, Milton Abbot

We had a very successful Night at the Races a couple of days before the time of writing this; much fun was had, although "Guinness" seemed to be rather too fond of sitting on the starting line and "Chartreuse", despite starting well, had a tendency to fade in the closing stages of each race! The final figures are still awaited but it looks as though the evening raised somewhere in the region of £500 towards the cost of replacing the church heating system and plugging the holes in the roof. Thank you to everyone who supported the evening and particularly to Andy and the whole Atkins family for giving of their time and effort to run what is always a successful and highly enjoyable event.

Our next major fundraising event will be a **Royal Tea Party on Wednesday 19th July** at Wonwood Barton, by kind permission of Claudine and Bill Sparks, when we will have afternoon tea (which will be professionally catered) with entertainment from Barry's Shed ukulele band from Cornwall.



Booking is essential and can be made by phone to Pat Lovell (01822 618452) or myself (01822 870642), by email to matreasurer@southtamar.church or online at <https://milton-abbot-church-pcc.sumupstore.com> .

We are currently actively looking at changing the format of our services on the second Sunday of the month, so please look out for further details of that.

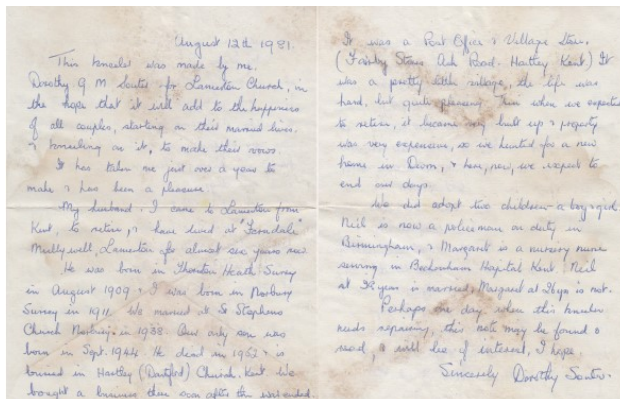
Liz Padmore



St. Peter's Church, Lamerton

The Wedding Kneeler is being Restored

Ros Wiggins was delighted to find an ancient letter secreted in a church wedding kneeler as she was doing restoration work. She reports: 'Work has started in earnest restoring the badly worn kneeler from age, use, dirt and infestation. Whilst opening out the canvas, tucked in the webbing base was the following letter, dated 12 August 1981. A transcript is below.'



This kneeler was made by me, Dorothy G. M. Souther for Lamerton Church, in the hope that it will add to the happiness of all couples, starting on their married lives, and kneeling on it, to make their vows.

It has taken me just over a year to make and has been a pleasure.

My husband and I came to Lamerton from Kent to retire and have lived at "Ferndale", Mullywell,

Lamerton for almost six years now.

He was born in Thornton Heath, Surrey in August 1909 and I was born in Norbury, Surrey in 1911. We married at St. Stephen's Church, Norbury in 1938. Our only son was born in September 1944. He died in 1952 and is buried in Hartley (Dartford) Church, Kent.

We bought a business there soon after the war ended, (Fairby Stores, Ash Road, Hartley, Kent). It was a pretty little village, the life was hard, but quite pleasing. Then when we expected to retire, it became very built up and property was expensive, so we hunted for a new home in Devon, and here, we expect to end our days.

We did adopt two children - a boy and a girl. Neil is now a policeman on duty in Birmingham, and Margaret is a nursery nurse serving in Beckenham Hospital Kent. Neil at 28 years is married, Margaret at 26 years is not.

Perhaps one day when this kneeler needs repairing, this note may be found and read, and will be of interest, I hope.

Sincerely Dorothy Souther.

What an honour, privilege it is for me to be doing this especially as Dorothy was such a good friend, neighbour and mentor.

And what a responsibility!!

Rosalind Wiggins

Safeguarding News

Training news

You can always access safeguarding training online at:

<https://exeter.anglican.org/resources/safeguarding/safeguarding-training/>

Please contact your safeguarding rep if unsure how to access or which courses are applicable to your role.

Disclosure and Barring Service (DBS) checks

Please note that all PCC/Trustee members must have a current DBS certificate, which is now renewable every 3 years. Other church members who have interaction with children and/or vulnerable adults, including pastoral visitors and Open the Book helpers, are eligible for an enhanced check.

Contact your safeguarding rep to arrange your check if you have not already done so:

Lamerton + Sydenham Damerel

Julie Hibbert; 01822 618221; julie.hibbert3@btinternet.com

Milton Abbot + Dunterton

Susan Champion; Susanchampion41@gmail.com

Coryton

Jane Vicat; 01822 860254; janevicat@gmail.com

Marystowe

Anita Townsend; 01822 860123
Mongoosemoondaisy12@gmail.com

If you are concerned for the immediate safety of someone, dial 999

LAMERTON WI

Tuesday 4th April 2:00pm
A Lighthearted Look at Life with Alison Yeo

Tuesday 2nd May 2:00pm
AGM

*All meetings held at Lamerton Village Hall
New members welcome*



A CHILD'S FOOTSTEPS TO FAITH

Now You See Him, Now You Don't

There is a very funny Disney movie called "Now You See Him, Now You Don't" about a college student who developed a secret formula that you could spray on objects, even people, and make them disappear. Of course, there is no secret formula that can make things disappear and reappear, but there is an event in the Bible where Jesus made himself appear and disappear to his followers. It is a very interesting story and every bit of it is true!

After Jesus was crucified and had risen from the dead, his followers were very sad and confused. They didn't know what was going to happen next. One day two of Jesus' followers were walking to the village of Emmaus. As they walked along, Jesus came and began walking with them, but their eyes were kept from recognizing him.



As they walked, they discussed all of the things that had happened. As they came near to Emmaus, it was late in the day so they asked the stranger who had been walking with them to stay the night with them. So Jesus went to their home. As they sat down to eat, Jesus took the bread and blessed it and gave it to them to eat. Suddenly, their eyes were opened and they recognized him. At that very moment, he disappeared!

The two followers went back to Jerusalem and found the eleven disciples and others who had gathered with them. They told them the story about how Jesus had appeared to them as they travelled to Emmaus and how they had recognized him as he was breaking bread. Just as they were telling them about it, Jesus himself appeared and stood among them. The whole group was frightened, thinking they were seeing a ghost!

"Why are you frightened?" Jesus asked. "Look at my hands and feet. You can see that it is really me. Touch me and be assured that I am not a ghost."



Isn't that a wonderful story? Would you like for Jesus to reveal himself to you? Well, Jesus still reveals himself to his followers today, but he does it through his Word and the Holy Spirit. He may not appear to you in the same way he did to the disciples in our Bible lesson today, but if you study God's Word and seek him with all your heart, Jesus will reveal himself to you.

Our Father, help us to study your Word and to apply it in our daily life. Open our eyes, Lord, we want to see Jesus. In the name of Jesus we pray. Amen.



The Walk to Emmaus

As they sat down to eat, he took the bread and blessed it. Then he broke it and gave it to them. Suddenly, their eyes were opened, and they recognized him. And at that moment he disappeared! Luke 24:30-31 (NLT)

T Q B B F A K P C M B I A T O
Z N P R M E Y E S T H Y U L J
P A H O E F G H W P B T P N W
E H O K O A D I S C I P L E S
R T M E L P D U S V D U S P F
N F E L A N I G H T L E R M D
H H I Q J O U R N E Y M A F H
G V W A T A L K I N G M P L F
S V F B V A S D C Q G A V B H
D I S A P P E A R E D U P L B
J K A H X A S X A Y Q S N E H
O V U N I W A L K I N G N S X
K H E E K Y J B Q B V T P S F
X M Z I N F Z Y F O P E N E D
J E R U S A L E M D E N K D P

- | | | | | |
|---------|-------------|-----------|-------|---------|
| JOURNEY | DISAPPEARED | JERUSALEM | HOME | VILLAGE |
| OPENED | BREAD | BLESSED | EYES | EMMAUS |
| BROKE | TALKING | DISCIPLES | NIGHT | WALKING |

Milton Abbot Church PCC



Invites you to join us for a

Royal TEA PARTY

Celebrating the Coronation of King Charles III

Wednesday 19th July
3.00pm

Wonwood Barton, Lamerton, PL19 8SE

**£12.50 to include afternoon tea and entertainment
by Cornwall's ukulele band Barry's Shed**

To book: Tel (01822) 870642 or 618452

email: matreasurer@southtamar.church

<https://milton-abbot-church-pcc.sumupstore.com>

RSVP 4th July



Plant a wildflower In Memory Of Someone you Love

Come to : **Chapel Barn, Tuell Farm**

Milton Abbot **PL19 8PY**

On: **Sunday 14th May**

Drop in anytime between : 11am—3.30pm

All Welcome!

Plant a wildflower plant (*all plants provided*)
in the wildflower meadow at Tuell Farm for someone
you would like to remember.

There will be an opportunity to write a message,
& place a marker.

Tea, Coffee & Cake provided.

No payment required

(Any donations to our Chapel Barn retreat welcome!)

**If you would like to come, please email
giselle@emptybox.co.uk for numbers
or tel: 07808 139787 or 01822 870122**



What was the actual layout of the Last Supper?

Was Leonardo Di Vinci, right? Did Jesus and His disciples sit at a long table for the Last Supper? While in Jerusalem this year we were shown a room traditionally thought to have been used for the Last Supper. It was square and so suitable for a triclinium or a low Roman styled table surrounded with couches or cushions. People lay on their left side. (Equally there could have been low tables set out in the same format.)

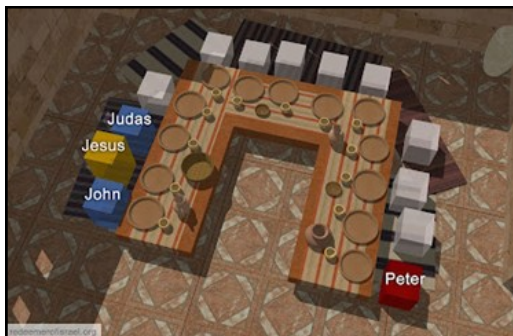


Perhaps there was no long table.

Who sat where? The host of the feast would not sit in the middle but second from the left, (as shown in picture) with the guest of honour on his left and a trusted friend to his right.

The seating then continued around the triclinium, with the most important guests seated on the left, then going around the table, with the least important sitting on the far right. If we look at the Gospels, we find John next to Jesus, probably on his right. *'Now there was leaning on Jesus' chest was one of his disciples, whom Jesus loved.'* John 26:23. Judas

would therefore have to be on His left in order to share a bowl with Our Lord. This is confirmed in Matthew 26:23 when John asked Jesus who was going to betray Him. *"He answered and said, He that dipped his hand with me in the dish, the same shall betray me."* Matthew 26:23. Peter, As the senior disciple, would probably have sat opposite in the servant's position – so fulfilling Christ command 'the greatest among you should be like the youngest, and the one who leads like the one who serves. Luke 22:26.



Perhaps Leonardo needs to come back and do version two!

Richard Searight

Trip to Israel, Judea and Palestine - Part 2!

Everyone enjoyed seeing the photos so much we only managed to get through part of the quiz, so.....

Holy Land Quiz Part 2

Friday 24th **March**

Lamerton Village Hall

6.30 pm for Finger Buffet 'Bring and Share'

Quiz resumes at 7.15pm, Raffle

Please bring your own drinks, glasses, plate to share and pen and paper.

£300 has already been raised in Part 1 for the earthquake fund - thank you. In Part 2 we hope to swell the coffers to £500. (Raffle prize donations welcome)



Mid-week Holy Communion



**Every Wednesday morning at 10 am
in the Priests room at Lamerton**

The service is a quiet, reflective said service of Holy Communion. The perfect opportunity to re-charge your spiritual batteries.



With Tea, coffee and cake afterwards.

NATURE NOTES BY BLUEBELL

April - May 2023



*Behold, the winter is past
the rain is over and gone.
The flowers appear on the*

earth;

*the time of singing has come,
and the voice of the turtle-dove
is heard in our land.*

Song of Solomon 2; 11-12

There is no story in the Bible about the Easter Bunny, but children love hunting for coloured Easter eggs in baskets or nests at Easter tide and there are long traditions associating eggs, rabbits, hares, fluffy little yellow chickens, and lambs with Easter.



The egg is a symbol of vitality, life, new beginnings, Spring, and of the rebirth and resurrection of Christ. The innocent sacrificial lamb is His symbol, too. Bluebell rejoices each year to hear their voices over the hillsides and see them suckling (tails wagging madly) and leaping and bounding in the fields.

The rabbit, likewise, and hares are particularly associated with spring time and fertility. The rabbit particularly is a prolific breeder. Both animals exhibit the phenomenon of superfetation where embryos from different menstrual cycles are present in the uterus, resulting in hares and rabbits being able to give birth seemingly without having been impregnated. This caused them to be seen as symbols of the virgin birth. *Lumpskin, Susan, John Seidensticker 2011; Rabbits, the Animal Answer Guide; JHU Press.*

Hares have a mysterious link with the moon, the dawn, life and fertility, and the Saxon goddess Eostre, whose Spring festival has merged with our Easter. The intriguing, circular motif of the "Three Hares", or the Dartmoor "Tinnars Rabbits" can be found locally in Tavistock church, the Chapel at Cotehele, and two in the church at Kelly. They share three ears, yet none has more than two. The three may be a symbol of the Holy Trinity.

Hares are now very scarce here, and the rabbit populations are reduced by myxomatosis and a new virus RHDV 2, which now threatens the brown hare population as well as rabbits. Wild cats are now being reintroduced locally to reduce the number of rabbits. Rabbit numbers fell 43% across the whole of the UK between 2008 and 2018. This is including a decrease in rabbit numbers of 83% in Scotland between 1996-2018. Rabbits, traditionally seen as a pest, are also food, and an ecosystem engineer promoting biodiversity. And a rabbit's foot was supposed to bring luck!

Poor bunny.

Lamerton Annual Parochial Church Meeting (APCM)

Priest's room, Lamerton
Tuesday 23rd May, 7pm
All parishioners are welcome to attend

POLE POSITION

It may not have escaped your attention that the flag at the top of St. Peter's Church in Lamerton changes rather regularly. Our Chief Bunting Tosser informs me that upcoming flag days are:

9 April	HM's wedding day
23 April	St George's Day
6 May	Coronation Day
8 May	VE Day



Milton Abbot Grouped Parish Council

Please see our website for lots of information about Milton Abbot, Chillaton, Bradstone, Dunterton and the surrounding areas along with a list of the local parish councillors.

www.magpc.co.uk



WORRIED ABOUT A CHILD OR VULNERABLE ADULT?



Please speak to your Benefice Safeguarding Representative if you have any concerns for the well-being of a child or adult, or about the behaviour of someone towards a child or adult.

Your Benefice Safeguarding Representative is:

Julie Hibbert

Contact: **01822 618221;**

Email: safeguarding@southtamar.church

Or contact: **Rev Andy Atkins: 01822 870298;**

Email: vicar@southtamar.church

If you cannot reach your Benefice Safeguarding Representative, please contact the Diocesan Safeguarding Team: Charlie Pitman, Safeguarding Adviser 01392 345909, Email: charles.pitman@exeter.anglican.org



pray



grow



serve with joy

A Story on the Theme of Friendship

The Unfriendly River

Once upon a time there was a river. This river was rather unfriendly and lonesome. The river could not remember how long ago he had decided that he no longer wanted to put up with anything or anyone. He lived alone, refusing to share his water with any fish, plant or animal.

And so his life went on, sadly and filled with loneliness, for many centuries.

One day, a little girl with a goldfish bowl came to the bank of this river. In the bowl lived Scamp, her favourite little fish. The girl was about to move to another country, and she wouldn't be able to take Scamp with her. So she had decided to give Scamp his freedom.



When Scamp fell into the river, he immediately felt the river's loneliness. Scamp tried talking to the river, but the river told Scamp to go away. Now, Scamp was a very happy little fish, and he wasn't going to give up so easily. He asked and asked, swam and swam, and finally he started jumping in and out of the water. The river, feeling all the jumping and splashing, started to laugh. It tickled!

After a while, this put the river in such a good mood that he started talking to Scamp. Almost without knowing it, by the end of that day, Scamp and the river had become very good friends.

The river spent that night thinking about how much fun it was to have friends, and how much he had missed by not having them. He asked himself why he had never had them, but he couldn't remember.

The next morning, Scamp woke the river with a few playful splashes... and that was when the river remembered why he had decided to be such an unfriendly river.

He remembered that he was very ticklish, and that he wouldn't have been able to stand it! Now he remembered perfectly how he had told everyone to scoot, that he wasn't going to put up with all that tickling.

But, remembering how sad and lonely he had felt for so many years, the river realised that although it may sometimes be a bit inconvenient or uncomfortable, it was always better to have friends and to try to be happy.



GARDEN NOTES BY DOUG



*April, come she will
When streams are ripe and swelled with rain
May, she will stay
Resting in my arms again*

© Paul Simon Music

Well, there's a lot to look forward to in the garden. The weather has been up and down like a yoyo but in the end it will steady. Here in mid-March there are already many good signs - the new shoots on the rose stems (have you fed them?), the daffodils, the grass (have you mown it yet? Will you leave it alone in May?), the weeds (have you given them a hoe?). If you haven't already you need to be out there (you've been to the garden centre haven't you?). Get ready.

April is certainly the time to be sowing seed. Doug's making the most of his Purple Sprouting Broccoli and some nice Kale - both sown long ago - before filling pots and seed trays in the greenhouse (which could do with a good clean). The tomatoes are looking good (thank you propagator and also for the aubergine seed you started). Now we're off French Beans, Runner Beans, Salad leaves, Courgettes, Carrots, Basil, Parsley, Kale, Beetroot, Nicotianas, Cosmos, Sunflowers, Marigolds, Nasturtiums, and some Annual Meadow seed mix.

For the Annual Meadow I stripped off some turf and turned it over some time in November. Some of the area was then covered with black fabric - all to try to kill the grass without resorting to weedkiller. The area is about 5 m² and it will get given about 20g of seed. The photograph shows what it looks like before the seed got added. Later in the year I'll show you what happened to it. There are different types of 'meadow'. You can have Wild Flower, Perennial Flower mixes or the Annual type. Each requires a bit of different preparation and care. Annual mixes are usually sown in spring and perennial ones in autumn. Perennial ones are better in very infertile soil whereas annuals will like some food.

Until next time, enjoy your garden. Get out there, grow something, feel the reward.



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MAGAZINE CONTRIBUTIONS FOR JUNE/JULY 2023 ISSUE

Please note that the temporary editor for the next edition (and until further notice - hopefully short) will revert to Julie Hibbert.

Please send contributions to:
Julie.hibbert3@btinternet.com or post to Penticton, Chollacott Lane,
Tavistock, PL19 9DD. The deadline is Tuesday 16 May
and...

no late contributions will be accepted!

NEW EDITOR SOUGHT

If you've ever fancied your hand at editing the parish magazine and would like to have a spell in charge of the production please drop an email to Julie or to parishnewsmag@gmail.com. Full training and guidance will be given.



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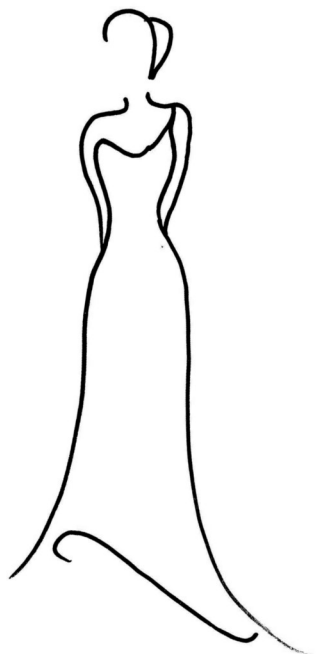


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CHURCH SERVICES

May 2023

Day	St Mary M. Sydenham Damerel	St Peter's Lamerton	All Saints' Dunterton	St Constan- tine Milton Abbot	St Mary the Virgin Marystowe	St Andrew's Coryton
Weds 3rd May	10.am Holy Communion St Peter's Lamerton					
Friday 5th May	6.30pm Prayer Vigil before Coronation Milton Abbot					
Sunday 7th May <i>5th Sunday of Easter</i>		6.30pm Even- song BCP	11.00am Sunday worship		9.30am HC/CW	
Weds 10th May	10:00am Holy Communion at St Peter's Lamerton					
Sunday 14th May <i>6th Sunday of Easter</i>	10.30am HC/CW			4.30pm Evening prayer		6.30pm Even- song BCP
Weds 17th May	10:00am Holy Communion at St Peter's Lamerton					
Sunday 21st May <i>7th Sunday of Easter</i>		11.00am HC/CW			9.30am Family service Morning praise	
Weds 24th May	10:00am Holy Communion at St Peter's Lamerton					
Sunday 28th May <i>Pentecost</i>	11.00am Holy Communion CW United Benefice Service Milton Abbot					
<i>Tues 30 May</i>	7.00pm Taize, Sydenham Damerel					
Weds 31st May	10:00am Holy Communion at St Peter's Lamerton					

CHURCH SERVICES

April 2023

Day	St Mary M. Sydenham Damerel	St Peter's Lamerton	All Saints' Dunterton	St Constan- tine Milton Abbot	St Mary the Virgin Marystowe	St Andrew's Coryton
<i>Easter Services - see page 5</i>						
Sunday 2nd April <i>Palm Sunday</i>		6.30pm Even- song BCP	11.00am Sunday worship		9:30am HC/CW	
Weds 5th April	10:00am Holy Communion at St Peter's Lamerton					
Weds 12th April	10:00am Holy Communion at St Peter's Lamerton					
Sunday 16th April <i>2nd Sun of Easter</i>	9.30am Holy Communion CW Marystowe United Benefice Service					
Weds 19th April	10:00am Holy Communion at St Peter's Lamerton					
Sunday 23rd April <i>3rd Sunday of Easter</i>	6.30pm Songs of Praise			11.00am HC/CW		11.15am HC/CW
Tuesday 25 April	7.00pm Taize, Sydenham Damerel					
Weds 26th Apr	10.am Holy Communion St Peter's Lamerton					
Sunday 30th April <i>4th Sunday of Easter</i>	10.30am Holy Communion CW United Benefice Service, Sydenham Damerel					